

2025

annual report

When we rescue the child, we save the adult



“

*Drawing as a way of refining thought:
while drawing allows for invention and
spontaneity,
it is above all a laboratory for the
expression of the inner self.*

”

Brussels Academy of Fine Arts

Artwork done by
Shauna Goh Shi Ying
Corporate Partnerships Executive, The Red Pencil (Singapore)

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Message from Founder

"Creativity is therapeutic when the process allows the individual to recreate oneself. The art therapy creation is not a product but an experience of transition, opening a door between the inside and the outside.[1]"

Creative arts therapy is not an art or musical activity; it is a safe purpose-driven transformation process through the power of imagination and creativity that arts permit.

In the rapid-paced and in-constant-move world of today, where AI only disrupts our routine and "reminds us, with a salutary strength, that our value rests not in the accumulation of knowledge or the execution of processes but in what escapes automation : nuance, discernment, creativity, intuition, the ability to connect fields, to engage in dialogue and to inspire trust, investing in oneself thus becomes the absolute imperative. Freeing us from low-value tasks, AI pushes us toward what truly inspires: wisdom, culture, empathy, and creative audacity. In short, what makes us unique." [2]

Art therapy therefore offers us this unique chance in a world, which sensibly grows towards individualism and loneliness, impacting on our health and genuine engagement, personal or at work, to revisit our body and mind symptoms to understand within us what needs to be changed towards more fulfilment.

Mental health is critical at any age as it impacts all aspects of life: a toddler who can't verbalise what is being experienced, can be soothed through some chosen-with-intention art material; non-verbal teenagers learn to be grounded in their physical, cognitive, emotional and spiritual inner search and development, to cope with potential feelings of inadequacy individually and in groups, to face a world where social media is not only addictive but dangerously intrusive and to find inner certainty in an unpredictable future; the pathway of migrant populations facing stigmatisation in their adoption and adaptation process in a new country is supported and streamlined; the resilience of people experiencing burnt out is strengthened by downloading on paper the images of what may have become unnecessary to find a new way to value their potential; cancer patients are helped in their recovery to understand the possible emotional source of their physical unease and to heal the emotional wounds to participate to the physical recovery; seniors find in art therapy a new quality of life to manage their loneliness, their feeling of loss of being useful, and, for some, their lack of autonomy, through the emulation of new social links.

[1] Klein, J.-P. (2012). Thinking about art therapy. Presses Universitaires de France.

[2] Bruno Colmant, PhD, Economist, Member of the Royal Academy of Belgium, AI opens the doors to a radical redefinition of the value of human work, HLCE communications, Upscale media. September 12, 2025.

A session of art therapy is therefore so much more than an art or musical activity. It is a living exchange between a patient who comes with one's luggage and wish for transformation, a compassionate art therapist, the creation as the mirror of the changes taking place progressively, and the art material which puts into light what needs to be changed and stimulates those four ingredients towards personal achievement.

Trained in the practice of the arts, psychology and clinical supervision through a postgraduate master's degree, the art therapist is the mid-wife of this process of rebirth and recreation, ensuring safety and confidentiality for the patient to journey from a creative internal experience towards an external realisation.

The art therapy profession finds its professional foundations in evidence-based research, inspired by a process of monitoring and evaluation borrowed from validated quantitative psychology questionnaires where art therapy adds an indispensable qualitative methodology to show the creations as testimonies of recoveries.

A family or a community feels safe to entrust their loved ones to the care of art therapy to bring back the puzzles of their lives. Corporate people through art therapy processes give themselves a chance to refocus on relationships above performance by consciously creating a new place for interactions, allowing sincere discussions and feedbacks, recreating links, building bridges to reflect together on how to make things differently for more efficiency and happiness at work, while nourishing their need for belonging, true engagement, and reducing the pressure toward renewed trust, solidarity, and the enjoyment to work with one another. Those are a few examples only of evidence-based results achieved through the process of art therapy bringing back humanity in our daily challenges.

Heartfelt thanks go to our Boards of Directors and to our Teams for bringing their expertise and ongoing hard work, to those we serve for their trust in the work we do towards their wellbeing, and last but not least, to our generous donors.

As ever, optimistic and enthusiastic,

Laurence de Groote
Founder and Managing Director
The Red Pencil Humanitarian Mission



A close-up photograph of a pair of hands, likely belonging to a child, gently holding a bright red, knitted heart. The hands are positioned over a light-colored wooden surface. The heart is made of a thick, textured yarn. The lighting is soft and warm, creating a sense of care and compassion.

The Red Pencil Humanitarian Mission

About Us

The Red Pencil is an international humanitarian organisation which brings the transformative power of creative arts therapy* to children, adults, families and communities who have been through adverse life circumstances, for which they have no words.

Our programmes help them recover, feel better and grow through therapeutic arts, offering them alternative means of non-verbal expression and re-instilling a dynamic of life towards balance, empowerment, and resilience.

**Creative arts therapy is at the core of our mission, including drawing, music, dance and movement, but we also use the term "art therapy" in specific cases when it relates to visual art therapy only.*

Our Vision

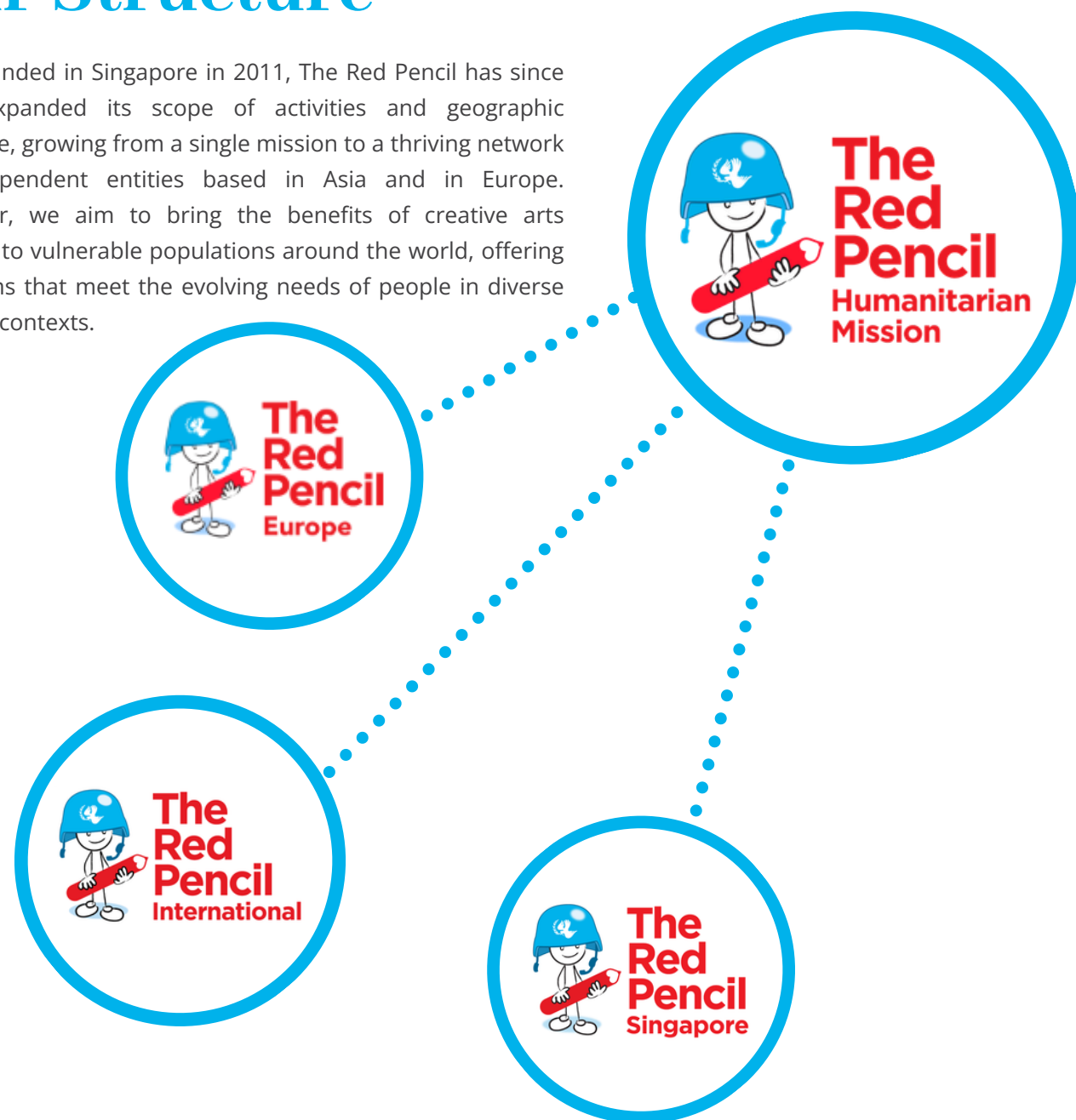
Transforming lives through creative arts therapy to enhance mental well-being.

Our Mission

To empower vulnerable individuals, their families, and the wider community by fostering resilience and wellbeing through accessible creative arts therapy, advancing public awareness, and upholding professional excellence.

Our Structure

First founded in Singapore in 2011, The Red Pencil has since then expanded its scope of activities and geographic presence, growing from a single mission to a thriving network of independent entities based in Asia and in Europe. Together, we aim to bring the benefits of creative arts therapy to vulnerable populations around the world, offering programs that meet the evolving needs of people in diverse cultural contexts.



Our Approach

Cost Efficiency

We are a lean, adaptable organisation with over 1,600 credentialed creative arts therapists globally available for diverse therapy projects. We prioritise directing donor funds to beneficiary support, keeping admin costs minimal. Since 2020, we've expanded our cost-effective impact through online mental health programmes.

Safe Practice

All our programmes follow Inter-Agency Standing Committee (IASC) guidelines for mental health in fragile settings. Our therapists adhere to local child protection and safeguarding policies, and we uphold strict safety procedures, detailed in our safeguarding policies available on request.

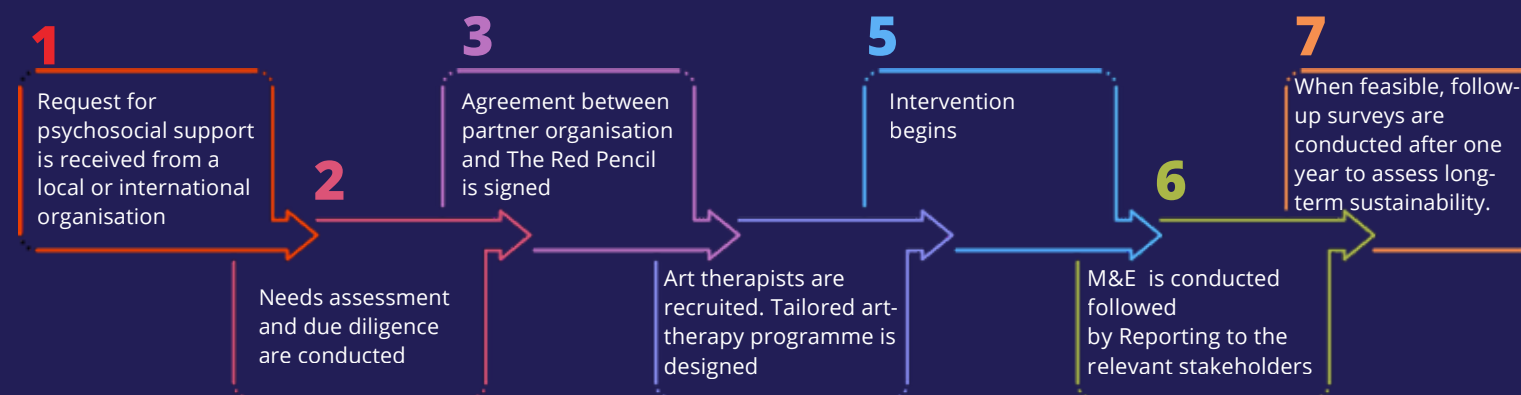
Sustainability

Our Art-based Capacity Building and Training (ACBT) programmes promote lasting mental health and resilience by equipping professional caregivers with arts-based therapeutic skills. Visual journaling, online training, and local materials support continued practice long after our missions end.

Collaborative

Our approach is collaborative in nature: we work in partnership with local organisations and major humanitarian and educational organisations to support vulnerable communities in fragile settings. Our missions strengthen local mental health capacity and provide self-care tools through our training programmes.

A 7-Step Operation Procedure



What Is... *Creative arts therapy?*

The Red Pencil's expertise is in creative arts therapy.

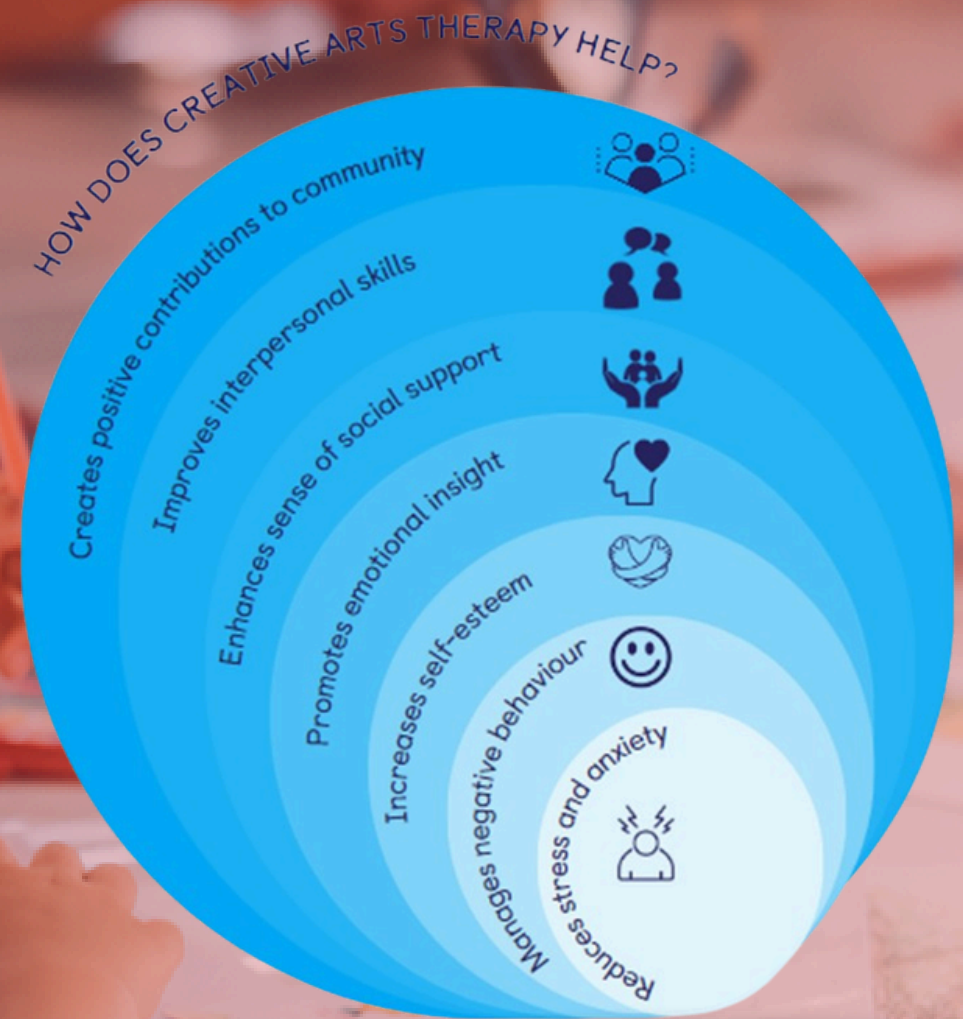
Creative arts therapy is an umbrella term for evidence-based healthcare professions that use the creative and expressive process of art making to improve and enhance the psychological and social well-being of individuals of all ages, cultures and health conditions. The term includes four professions: art therapy, music therapy, dance and movement therapy.

Creative arts therapy achieves its effectiveness through the relationship between the individual, the therapist and the creation, be it a visual art piece, some music or a movement. Additionally, the presence of other participants in the group enhances the creative-expressive process as a dynamic and vital force of growth and change.

Creative arts therapy is practiced in a wide variety of settings including hospitals, psychiatric settings, and rehabilitation facilities, wellness centres, prisons and forensic institutions, schools, crisis centres, senior communities, private practices and other clinical and community.

Although the profession is not yet protected in many countries, becoming a creative arts therapist requires specific training, at Master's level. For its projects, For the safety and professionalism of our interventions, The Red Pencil works only with credentialed and experienced creative arts therapists.

The creative arts therapies offer a supportive environment, where people can communicate and work through emotions using the art form as a vehicle for emotional self-expression, interaction and change.



By engaging in the creative process with the support of a creative arts therapist, individuals can learn to express themselves through arts with no aesthetical purpose. Therapeutic outcomes range from reduced stress and anxiety up to improved interpersonal skills.

Our Global Impact
in 2025



731.5
hours of
creative arts therapy
programmes conducted



52
organisations
partnered



1,391
beneficiaries
empowered

Our contribution to the
Sustainable Development Goals



Mental health is a cornerstone of SDG 3, which emphasizes good health and wellbeing, as “There is no health without mental health” according to the World Health Organization. Mental health is also connected to other SDGs, such as the reduction of inequalities (SDG 10), education and learning opportunities (SDG 4) and promoting gender equality (SDG 5), as poor mental health is a factor of social exclusion and has an impact on learning.

Governance and Financial Risks Management



Governance

The Red Pencil Humanitarian Mission ensures full compliance with relevant international standards. Adherence to legislation and regulations is a priority for our organization. We comply with the specific legal and governance requirements and standards of the country where we operate and conduct our international missions.

The Red Pencil Humanitarian Mission maintains a dedicated Board of Directors with a strong commitment to ethical governance. The management team collectively upholds the highest ethical standards in all operations, adhering to legal and regulatory requirements.

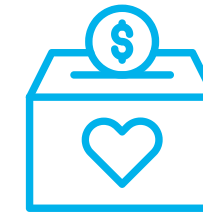
Since onset, The Red Pencil is committed to Financial Transparency. Audited annual reports and Financial Statements from past years are readily available on the organization's website, ensuring our stakeholders have access to comprehensive and transparent financial information, reassuring our donors of the integrity of the way the funds entrusted to The Red Pencil are being spent.



Financial Risk Management

Safeguarding Against Money Laundering and Terrorist Financing

Money laundering involves hiding the illegal origins of funds, while terrorist financing may use both legal and illegal sources to support terrorism, often aiming to conceal the funding activity itself. The Red Pencil Humanitarian Mission recognizes the serious risks these pose, especially given the global scope of its operations. As charities can unintentionally become channels for such activities, The Red Pencil is committed to protecting its mission and reputation through strong financial safeguards. It has implemented a range of initiatives and protocols to counter these risks and ensure transparency and integrity across all its international operations:



Source of Donations

- The Red Pencil maintains records of all donors and conducts due diligence, especially for new donors contributing over \$10,000.
- We inform upfront and share information about potential donations to our banks, which use advanced screening tools to flag suspicious sources.
- Donors must provide transparent background information, with companies required to submit audited accounts and bank statements showing revenue sources.
- If funds originate from property sales, loans, inheritance, or similar sources, we will ask to provide supporting legal documents.
- All transactions are processed through regulated financial channels to prevent misuse for terrorist financing.
- Our finance department ensures that transactions are conducted via regulated financial channels to minimise any potential terrorist abuse while the funds are in transit.
- We do not accept donations with attached conditions, such as time-limited holding, currency conversion requirements, designated contractors of concern, or expectations of services or advantages for the donor or their nominees.

Our Team

The Red Pencil team is a lean, yet passionate team of professionals dedicated to transforming the lives of vulnerable individuals and communities around the world.



Laurence de Groot
Founder & Managing
Director, Art Therapist,
(MA) (A Th) AThR



Sim Siew Ching
General Manager,
Singapore



Natacha Pirotte
General Manager,
Europe,
Art Therapist, MA (A Th)



Elisa Bongiovanni
Programme
Implementation
Manager, Europe



Christine Tok
Programme Manager &
Art Therapist,
Singapore



Cécile Goffard
Programme
Implementation
Manager, Europe



Alex Ho
Corporate
Partnerships
Manager, Singapore



Tan Kee Yun
Marketing &
Communications
Manager, Singapore



Lee Lay Choo
Finance
Administration
Executive, Singapore



Lian Mei Er
Corporate
Partnerships
Executive & Art
Therapist, Singapore



Tay Sze Ning
Programme
Administration
Executive, Singapore



Shaun Ang
Marketing &
Communications
Executive, Singapore

Founder, Mrs Laurence de Groot Vandendorpe, a registered art therapist, volunteers full-time at The Red Pencil without salary nor allowance. All of Mrs de Groot's expenses are borne on her own account.

Our Ambassadors

Our ambassadors are ardent advocates of The Red Pencil's cause. They share our enthusiasm for elevating awareness on creative arts therapy and The Red Pencil's values of dynamism, integrity and compassion.



Dr Ara Parker
Ambassador & Adviser
in Arts Therapy, DMin,
MA, REAT, RCAT, RP.
Canada



**Dr Mercedes Ballbeter
Maat**
Ambassador & Adviser in Arts
Therapy, PH.D, LPC, ATR-BC,
Past-President - American Art
Therapy Association.
USA



Simon Murray
Ambassador-at-
large, Businessman.
United Kingdom



**Countess Victoria
Von Faber Castell**
Ambassador.
Germany



Dr Iva Fattorini
Ambassador & Adviser
in Arts Therapy, MD,
MSc, Artocene Founder.
United Kingdom



Servane Bonnet
Ambassador-at-Large.
Switzerland



Dr Penelope Orr
Ambassador of Arts
Therapy, Ph.D., NCC,
ATR-BC, ATCS.
USA



Dr Neil Springham
Consultant Art Therapist,
Director of Therapies,
Executive Lead for Patient
Experience, Oxleas NHS
Foundation Trust, Ph.D.
United Kingdom



Dr Eng. Manal Elewah
Founder & CEO Art2Care
Program Ph.D., DATC.
Egypt



Mary Rose Brady
HCPC Registered Consultant Art
Psychotherapist, Co-founder of
The Centre for Creative
Therapeutic Practice.
United Kingdom

The Red Pencil (Europe)



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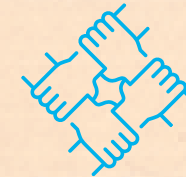
Axes of Interventions

The Red Pencil (Europe) offers creative arts therapy programmes in Europe focusing on four key areas:



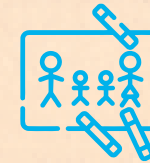
HEALTH

Cancer patients and adolescents in psychiatric care



SOCIAL INCLUSION

Asylum seekers, refugees and migrants



YOUTH

Vulnerable children and young individuals



CORPORATE

Employee wellbeing

We offer the following interventions, tailored to the needs of the target audience:



Group art therapy interventions



Arts-based capacity building and training for professionals

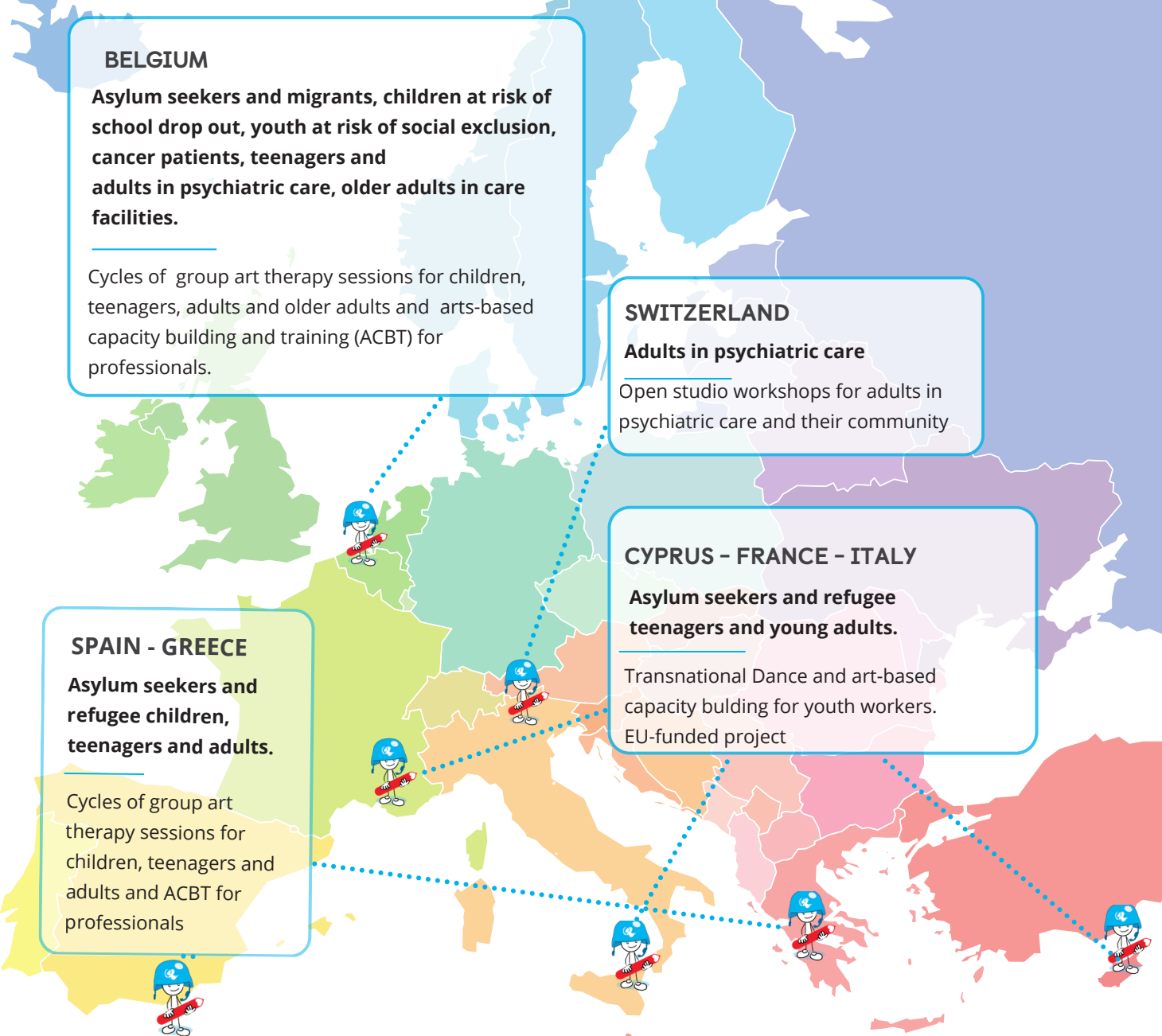


Discovery workshops

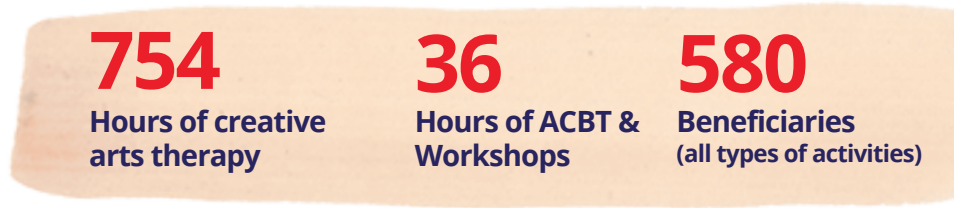


Arts-based workplace well-being

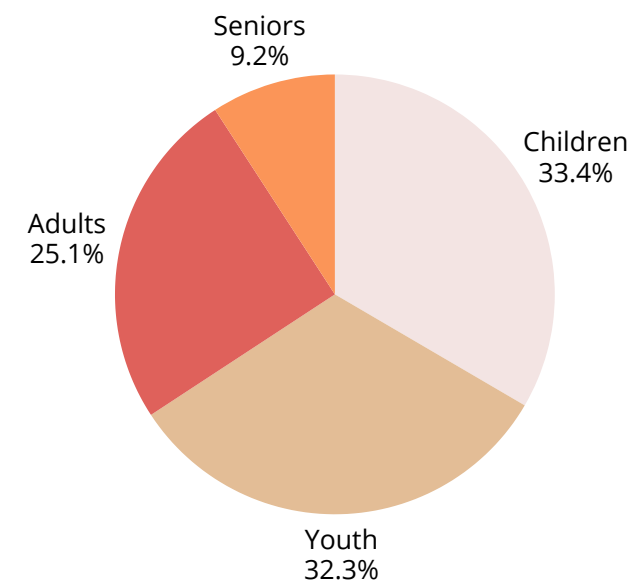
RPE Missions



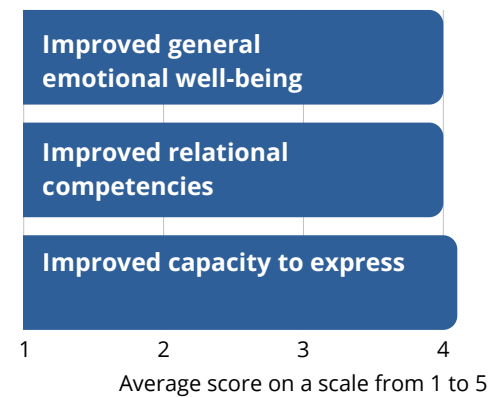
Our Impact 2025



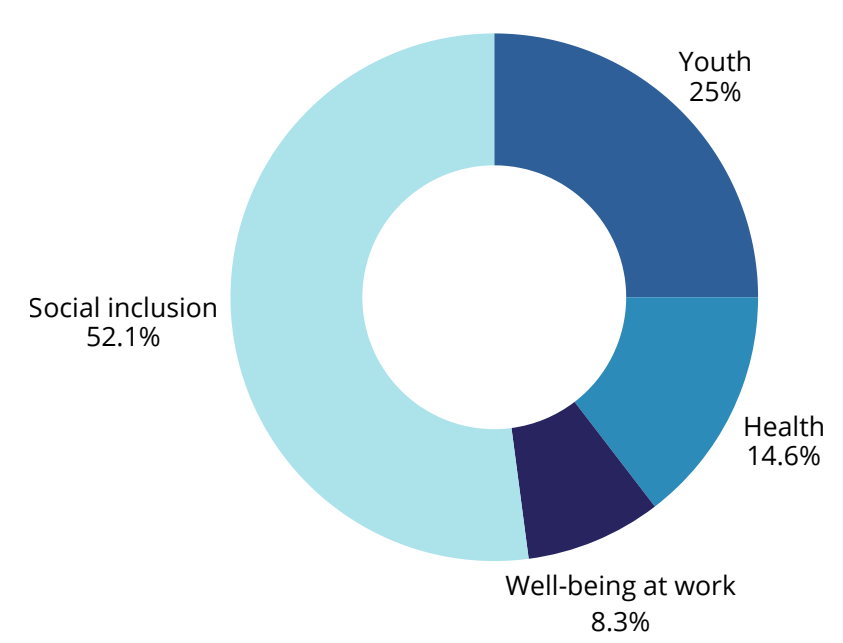
Beneficiaries (age category)



Average observed improvement for beneficiaries



Axes of interventions Topics



“
The art therapy intervention has brought a meaningful and positive change to the young participants, helping them express emotions and build confidence through creative activities.
”

B. Martín Gutiérrez , Psychologist for unaccompanied minors at Fundación SAMU (ES)

2025 Projects & Partners



Health

Art therapy programme for adolescents and adults in psychiatric care (Belgium)

Project partners

Centre thérapeutique pour adolescents (CThA)
Clinique Fond’Roy
Centre de jour Imago

Art therapy programme for adults in psychiatric care (Switzerland)

Centre Nicolas Bouvier - in collaboration with
The Red Pencil (International)

Art therapy programme for older adults (Belgium)

La Maison de Mariemont asbl
Maison de repos Bellevue
Résidence Reine Fabiola



Social inclusion

The art of resilience (Greece & Spain) Art therapy programme for asylum seekers

Project partners

International Organization for Migration (IOM)
METAdrasi – Action for Migration & Development
Cruz Roya
Fundación Samu

L’art de la résilience Creative arts therapy programme for asylum seekers (Belgium)

Project partners

Fedasil - Centre du Petit-Château
Fedasil - Centre de Manhay
Fedasil - Opvangcentrum in Kapellen
Fedasil - Opvangcentrum van Grimbergen
Rode Kruis - Opvangcentrum Westakkers



Youth

Youth at risk of school drop-out Art-based programme for children and teenagers at risk of school drop out (Belgium)

Project partners

SAS Aux Sources
SAS du Brabant Wallon
SAS Rebonds

Hearts of Youth Training programme for youth workers dealing with young migrants (EU)

Project partners

CIE Essevesse
CEIPES
Hope for Children

Kamishibai to foster youth well-being and inclusion through creativity (Belgium)

Project partners

AMO Alhambra	CPAS de Charleroi
AMO La Boussole	CPAS de Quievrain
AMO Color’Ados	Point-virgule asbl
	Maison de Quartier d’Helmet



Corporate

Capital Group (CH,UK, LU) - in collaboration with
The Red Pencil (International)
Fluxys - Gas.be (BE)

The art of resilience

Art therapy intervention for resilience
in refugees' reception centres in Spain and Greece

In 2025, The Red Pencil carried out several interventions for young asylum seekers in Spain and Greece as part of a programme launched in 2020 in Andalusia and expanded to Greece in 2025, with support from the Alta Mane Foundation. The programme is built on three main pillars: first, resilience-based art therapy interventions for forcibly displaced people under 35, along with arts-based self-care training for staff of partner organizations; second, the training of local art therapists in The Red Pencil's methodology before delivering interventions; and third, ongoing evaluation and research, including data collection and analysis as well as the development of partnerships with university institutions to assess whether art therapy effectively strengthens the resilience of the target population.

Duration

Since 2020

Donor

Alta Mane Foundation

In partnership with

International Organization for Migration (IOM)
METAdrasi – Action for Migration & Development
Cruz Roya
Fundación Samu

As part of the programme, a research on the mechanisms of change in art therapy has been conducted in collaboration with the Complutense University of Madrid. In 2025, the study and the findings of this were published in The Arts in Psychotherapy journal.

Art therapists

Supervisor and trainer: Liliana Montoya de la Cruz

Art therapists in Spain: Marta Gomez, Elvira del Rio
Fernandez, Alba Pérez, Mayka Sánchez Sanchez,
Irene Rodriguez Tarraga

Art therapists in Greece: Paola Partsalaki,
Marilena Romiliou, Patritsia Kouveli

Results in 2025

14

clinical art therapy cycles
4 arts-based capacity building & training for
partner organizations' staff

108

young forcibly displaced
people participated in group
art therapy sessions

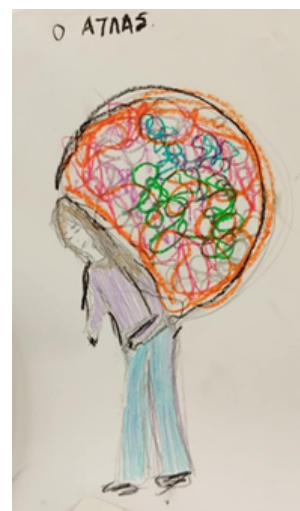
254

total hours of art therapy and art-
based training delivered

Impact for the staff

The staff of the partner organization highlighted the value of having a dedicated space to reflect on the emotional impact of their work with forcibly displaced people, as the Art Capacity Building Training (ACBT) allowed them to step back from daily responsibilities and reconnect with their own needs and limits.

A particularly powerful moment occurred during an introductory exercise, when one participant depicted Atlas carrying the world, , realizing how deeply this image reflected her experience of work-related pressure and responsibility



Impact for young participant

Art therapy helped participants reinforce protective factors and coping mechanisms to deal with stress and psychological challenges. It also helped them build resilience, potentially preventing the development of chronic mental health problems. Art therapy provided to these young refugees, a valuable outlet for self-expression, aiding emotional regulation, supporting stability under stress, and promoting faster recovery.

“I feel that this programme helps to move forward in life “

“Art therapy comforted my heart and brought out the sadness from inside of me “

Young forcibly displaced girls taking part in art therapy group session in Greece

The art of resilience

Story of Change

Haila (pseudonym) , 14 years old



Haila is a 14-year-old girl who participated in art therapy sessions for forcibly displaced young people in Andalusia, Spain.

At first, Haila appeared distracted and emotionally distant. She had trouble connecting with the proposed themes, often showing little interest in symbolic creation. Most of the time, she would not fully engage in the activity and hastily complete her artwork at the end of the session (Figure 1). She avoided talking about her creations, appearing emotionally blocked and afraid of being judged. Her reactions to peers' teasing also revealed a sensitivity and sadness she kept hidden behind her humour.



Figure 1



Figure 2

The real emotional breakthrough came in the fourth session. This was focused on creating silhouettes and identifying and placing emotions (Figure 3). Haila arrived at the workshop distracted and disconnected, paying little attention to the activity. However, at a certain point, she decided to get involved and work on the silhouette she had started creating, with the help of a peer.

During the third session, a collective artwork activity marked the first turning point. The atmosphere was relaxed, participants seemed to start feeling more and more at ease within the group. They organically shifted from individual painting to a shared, playful experience, getting their hands dirty, laughing, coordinating their movements, and fully engaging with the material. Haila was immersed in the group dynamic, enjoying the sensory freedom and group connection (Figure 2). This uninhibited exploration marked the beginning of a more open and trusting attitude from her.



Figure 3

Since the other participants had cut large pieces for their silhouettes, Haila took a smaller piece than the rest with the remaining paper and chose to represent her silhouette in a fetal position. Although this choice may have been influenced by the size of the available paper, symbolically it is significant, as the foetal position is a gesture of protection, withdrawal, and vulnerability (Figure 4).



Figure 4

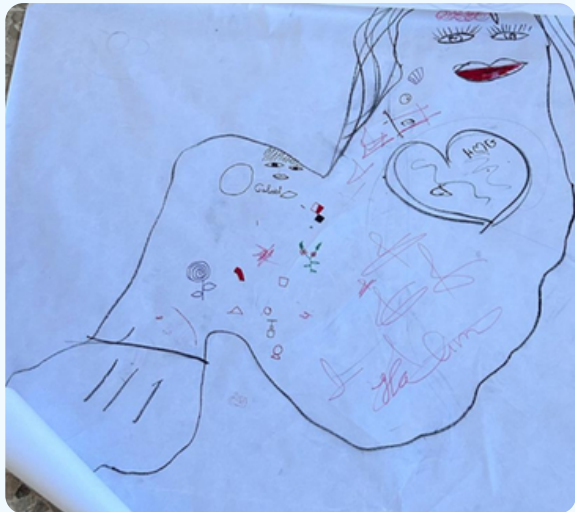


Figure 5



Figure 6

This was a crucial moment in the therapeutic process: through these visual representations, Haila was able to access and express emotions and memories that had previously been repressed or inaccessible to her conscious mind. This act of externalization facilitated a necessary catharsis for her grieving process, opening a safe space where she could begin to confront and work through this traumatic loss from a place of containment and support.

From that day forward, Haila became increasingly engaged. She cared about her artworks, paying attention to details, using new tools and carefully choosing colours. Her creations started to reflect her emotional world, her memories, losses, hopes, and spiritual beliefs. She talked more freely within the group, and with the art therapist, expressing feelings about her country of origin, personal experiences, past accidents, and people she missed.



Figure 7

In the final session, during an activity where each participant created an amulet for “good luck” (Figure 7) Haila expressed three heartfelt wishes: to keep her friends and not have to change school again, to have luck with an upcoming surgery, and to learn to forgive . These reflections captured the emotional journey she had undergone, acknowledging pain while also expressing hope, connection, and a desire to grow.

Observations from the art therapist

Art therapy proved to be a vital resource for Haila, offering a safe, non-verbal space to access and express deep emotions. A key turning point came when she released grief related to her brother, leading to a renewed relationship with herself, creativity, and others. Her emotional resilience developed over time, reflected in greater self-awareness, care for her creations, and improved introspection.

Through art, she found a language for what she could not express verbally, reconnecting with her personal story in a supportive environment. This process suggests improvements in emotional regulation, self-esteem, and capacity for connection. Her progress also extended to the group dynamic: her increased participation encouraged others to engage more openly, and her willingness to express grief and later hope served as a powerful example. These changes are also likely to positively influence her relationships at school and in her daily environment, supporting healthier and more meaningful connections.

ART pARTicipatif

Creativity to nurture the well-being of older adults

In 2025, with the support of the King Baudouin Foundation (Houillogne-Hanne Fund), The Red Pencil launched a pioneering project for older adults living in residential and nursing homes. Developed in collaboration with COSY asbl, creator of the “Cosy Story” tool, the project invited residents to share their wishes, memories, and aspirations ahead of the workshops. This input, combined with feedback from a panel of seniors, enabled art therapists to design sessions tailored to the group’s preferred themes and media, with the aim of fostering emotional expression, cognitive stimulation, and overall well-being.

At the end of the workshop cycles, each home organized an exhibition of its artworks, with the other participating homes invited to visit. This exchange created a unique dynamic of inter-institutional and intergenerational connection, strengthening bonds and opening new opportunities for encounter and recognition.

Duration
May to December 2025

Donor
Fondation Roi Baudouin

Art therapists
Alice Latta
Jean-François Delforge
Sara Ben Saude

In partnership with
La Maison de Mariemont asbl
Maison de repos Bellevue
Résidence Reine Fabiola

Results

48

Hours of art therapy sessions preceded by needs identification sessions using the “Cosy Story” tool

31

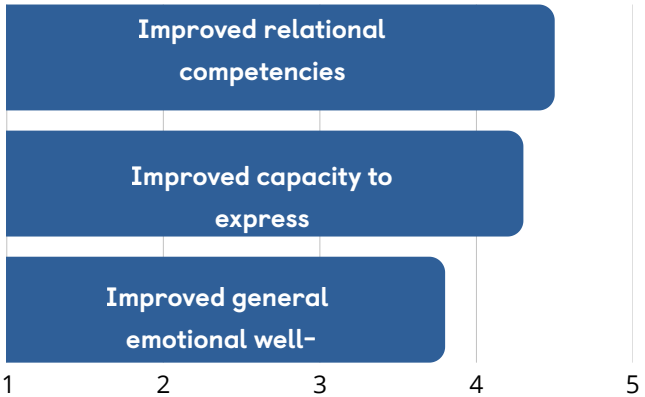
Older adults participating in art therapy sessions

3

Community exhibitions

Impact for participants

Observed improvements among participants



Average outcomes reported by nursing home teams and art therapists.

The project contributed to addressing the challenge of bringing more life and humanity into older adults’ residential settings. The art therapy group sessions and Cosy Story sessions helped to strengthen participatory dynamics and relational care by:

- Supporting residents’ participation by offering meaningful artistic and cultural activities tailored to their wishes, needs, and abilities.
- Strengthening connections between participants by creating moments of genuine exchange, as well as between participants and staff, families, friends, and the wider community through shared events and dissemination activities.
- Enhancing residents’ well-being by providing professionally facilitated activities designed to have a therapeutic effect.

The art of resilience Story of Change

Danielle , 90 years old



Danielle is almost 90 years old. She suffers from reduced mobility and chronic anxiety, which leads her to constantly seek reassurance from people around her. Very reserved, she says that she feels incapable. Even before she begins, she doubts herself.



It is with this state of mind that she joins the art therapy group led by Art therapist Sara Ben Saude. From the very first sessions, the question of the material arises: Danielle feels uncomfortable with direct contact with clay.

Figure 1

Over the weeks, something begins to shift. Danielle starts using her hands more freely, choosing shapes and colors. Red. The heart. Preferences that belong to her, which she expresses for the first time in this setting. The emphasis is never placed on the result or on aesthetics — which allows her to give herself permission to create without judging herself. The opening and closing moments of each session play an important role: they give her the opportunity to put words to what she is experiencing, to be seen and heard by the group.

Gradually, Danielle takes off the gloves. She touches the clay with her bare hands.



Figure 2

As the workshops unfold, she becomes involved in a collective project and takes a full part in it. When the time comes to prepare the final exhibition, she helps the team set up the artworks. The woman who, at the beginning, no longer felt capable of much, contributes to showcasing everyone's work.

Art therapy offered Danielle a rare kind of space: one where there is no need to perform in order to belong. A space where she was able, little by little, to regain confidence in her own hands — and in herself.



Figure 3

Observations from the art therapist

L'approche art-thérapeutique s'est révélée très bénéfique pour Danielle. L'absence d'exigences ou d'objectifs esthétiques a favorisé un espace d'expression libre, propice à son implication et à l'exploration de sa créativité. Dans ce cadre sécurisant, elle a pu s'exprimer à son rythme au sein du groupe.

Les temps d'ouverture et de clôture de chaque séance lui ont également offert des occasions de prendre la parole. Bien que très discrète, Danielle a ainsi pu être vue et entendue par les autres participants, ce qui lui a permis d'affirmer progressivement sa place au sein du groupe.



The Hearts of Youth

Dance and art therapy for social inclusion of migrant and refugee youth

Erasmus+ Youth programme
for Youth workers dealing with young migrants

The HeArts of Youth : Dance and art therapy for social inclusion of migrant and refugee youth is a European project aimed at building capacities for youth workers who work with youth at risk of exclusion, focusing in particular on migrant youth. The techniques taught during the project mainly revolve around the use of dance and arts-based techniques, as instruments to better face difficult situations and promote inclusion. This European project, led by The Red Pencil (Europe), was implemented by a group of four partner organisations from four countries: Belgium, France, Cyprus and Italy.



Duration

September 2023 to September 2025

Donor

Erasmus+ Programme

In partnership with

CIE Essevesse (FR) ; CEIPES (IT) ; Hope for Children (CY)

Project activities

- Designing, testing and implementation of a training for youth workers
- Developing a multilingual handbook & video tutorials in 4 languages for youth workers
- Promote exchanges between dance/art therapists and youth workers to create cross-sector collaboration.

Results

6

ready-to-use workshops
with step-by-step video
tutorials.

52

youth workers trained
across four countries

223

young migrants tested and
participated in creative arts-
based workshops

267

Professionals participated
in dissemination events

Impact

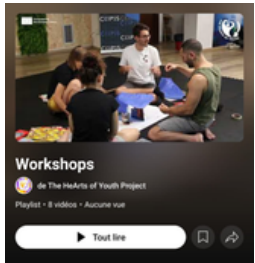
80% of the youth workers who participated in the training would recommend it to a colleague*

More than 75% of young participants declared that after the workshops**:

- Felt more at ease in the group
- Felt more confident
- Felt more creative
- Felt I'm more curious about trying new things

*out of 33 respondents

** out of 113 respondents



To know more about this project and to download the training material visit

www.heartsof youth.infoproject.eu



@theheartsofyouthproject

Words of Inspiration from a Volunteer

At The Red Pencil (Europe), we regularly rely on the support of generous people who are willing to dedicate their time and skills to our mission. To them goes our heartfelt gratitude.



“

Hello readers of Red Pencil Europe's Annual Report,

My name is Manon Marcx, and I am a 21-year-old student at the Université libre de Bruxelles (ULB). I am currently completing a bridging year before starting a Master's degree in International Relations in September 2026. What drives me in my studies are questions related to human rights, childhood development, trauma resulting from human rights violations, and international armed conflicts.

Alongside these interests, I have always been passionate about art and curious about therapeutic and psychological approaches.

This is one of the reasons why volunteering with Red Pencil Europe immediately resonated with me. I found the organisation's mission inspiring: using creative and art-based approaches to support mental health and psychosocial well-being. The idea of artistic mediation particularly caught my attention because it combines two worlds that interest me deeply — human support and creative expression.

When I discovered the opportunity to join the team as a communication volunteer, I saw it as a chance to contribute to a meaningful cause while developing new professional skills in a field that is increasingly important today.

Over the course of these three months, alongside my studies, I strengthened my communication skills through developing and implementing a social media strategy, creating content, producing video edits, planning publications, and helping revive the organisation's online presence. We also explored external communication through the development of a press release. One of the most meaningful parts of this experience was gaining insight into the realities of working within a small non-profit organisation facing budget limitations while continuing to deliver impactful work. Witnessing my colleagues' dedication, creativity, and professionalism despite these challenges deeply inspired me and taught me valuable lessons in resilience, adaptability, and commitment.

This experience confirmed for me the importance of combining human values with professional action and reinforced my interest in working in fields linked to social impact and human rights in the future.

I would like to warmly thank the entire team — especially Natacha, Elisa, and Cécile — for their kindness, trust, and for sharing their knowledge and experience with me.

”

Manon Marcx

Community Outreach & Events



Corporate events

Social cohesion and wellbeing workshops at work

As part of its strategy to engage with corporate partners, The Red Pencil has facilitated several workshops in collaboration with different corporates including Capital Group, aimed at fostering team cohesion, creativity, and wellbeing in the workplace.



Fundraising events

20km Brussels Race

Just as last year, The Red Pencil proudly joined the vibrant atmosphere of the 20 km race in Brussels alongside a committed and enthusiastic community of supporters. Around 50 runners took part in the event, including employees from gas.be and Irex Consulting, as well as individual participants who embraced the challenge with remarkable energy and generosity. Accompanied by our mascot through the streets of Brussels, we were delighted to once again be part of this inspiring gathering of the associative world at the heart of Europe.

Watch this video, kindly produced with the support of gas.be, presenting the projects made possible through the funds raised during the event.



Support to the profession

Recognizing the important role our association plays in the creative arts therapies landscape, we remain committed to raising awareness about our work and initiatives within the profession.

Seminar at the High School PXL Hasselt in Belgium

The Red Pencil is committed to supporting the development of the art therapy profession and contributing to the training of future practitioners. To this end, we collaborate with several art therapy schools in Belgium through internship opportunities for students, as well as presentations and exchanges around The Red Pencil's work with vulnerable populations in humanitarian and social contexts.

Art therapy conference by the Ukrainian association of art therapists

The Red Pencil was honoured to participate in the annual conference organised by the Ukrainian Federation of Art Therapists, in solidarity with colleagues working in extremely challenging and adverse contexts. During the conference, The Red Pencil delivered a presentation entitled "How does an art therapy intervention cultivate resilience in refugee populations fleeing war situations?"



Improving our professional practices



Governance

Last year, The Red Pencil Europe (RPE) received a valuable BOOST to its governance. BOOST is a skills-based volunteering programme run by the P&V Group (Belgium), to strengthen associations that support young people. Through BOOST, we had the opportunity to benefit from the expertise of a dedicated team of volunteers from P&V, who helped us redesign and formalize our governance structure, including the development of a new and improved governance chart. We are deeply grateful for their commitment, professionalism, and insightful contributions, which have helped position RPE for continued growth and impact.

Communication

Website and Social Media

You may have noticed that our website has undergone a complete redesign to better reflect our mission, values, and projects. The RPE website is now available in English, French, and Dutch, making information about our organization and our interventions more accessible to a wider audience.

We continue to work with dedicated volunteers to further enhance the website’s content, functionality, and accessibility, ensuring it remains a valuable resource for our community and stakeholders. At the same time, our social media community continues to grow. Through our Facebook, Instagram, and LinkedIn channels, we regularly share updates, stories from the field, and the latest news about our work. Join us and follow us @theredpencilorg.

Communication strategy

At RPE, we continuously strive to strengthen our communication strategy in order to better share our impact, stories, and values with a wider audience. To support this ambition, we partnered for the first time last year with Toolbox asbl-vzw, a Belgian non-profit organization that mobilises skilled volunteers to support purpose-driven organisations. With the expert guidance of Toolbox volunteers, we were able to reflect on, challenge, and further refine the way we craft and deliver our messages to both our existing audiences and new stakeholders.

Transparency

Since February 2025, The Red Pencil (Europe) is listed on Donorinfo, a leading reference for transparency and sound financial governance among charitable organizations in Belgium. We are proud to join the community of causes recognized by Donorinfo, which promotes generosity in Belgium by championing transparency.



Impact Evaluation

Thanks to the support of the P&V Group and within the framework of a pilot project, RPE staff received training and tested the use of Impact Track, an online platform designed to measure and monitor the impact of social projects and organizations. Based on the Theory of Change, Impact Track indicators help assess activities, outputs and impact. This pilot is part of our ongoing commitment to continuously strengthen our monitoring and evaluation tools and methodologies, in order to more effectively track and assess the impact of our programmes, and to ensure that our work remains both accountable and evidence-based.



What's New & Upcoming

Perspectives 2026

In a world increasingly marked by uncertainty, social fragmentation, and multiple ongoing crises, mental health has become one of the defining challenges of our time. More than ever, people need spaces where they can reconnect, express themselves, and regain a sense of dignity, belonging, and hope. In this context, the transformative power of art continues to emerge as a vital response.

Across the world, growing evidence confirms what we witness every day in the field: artistic expression can support emotional healing, strengthen resilience, and create meaningful human connection. At the same time, the Arts and Health sectors are moving closer together, opening promising pathways for collaboration and innovation. This growing recognition creates new opportunities to place creative arts therapy and human connection at the heart of mental health support.

Yet, these opportunities coexist with significant challenges. The non-profit sector is facing increasing financial pressure, while public support for associative initiatives is becoming more fragile. In such a context, philanthropy and committed partnerships are more increasingly crucial to ensure that vulnerable communities continue to access safe, inclusive, and impactful support.

Looking ahead to 2026, The Red Pencil (Europe) remains deeply committed to building long-term partnerships grounded in trust, shared values, and collective impact. By strengthening collaborations with healthcare institutions, public authorities, foundations, companies, local art therapists and communities, we aim to develop sustainable projects capable of creating lasting change in the lives of the people we serve.

In this context, we believe that creative arts therapy has the power not only to heal individuals, but also to reconnect communities and inspire more compassionate societies.

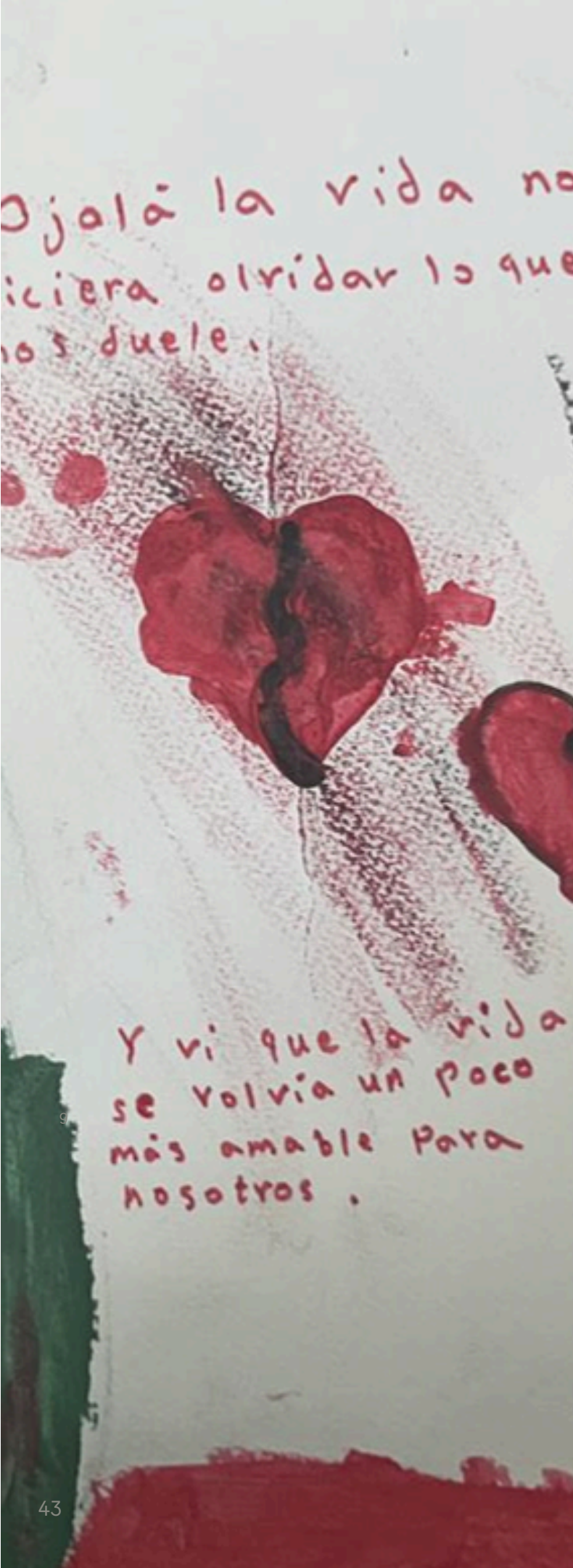
Natacha Pirotte
General Manager
Art Therapist, (MA) (A Th)

“

*Artistic expression
can support
emotional healing,
strengthen
resilience, and
create meaningful
human connection*

”





Corporate Governance



The Red Pencil (Europe)

Corporate No.	0726.410.333
Date of Foundation	03 May 2019
Intermediaries for Tax Deduction	The King Baudoin Foundation and Fonds des Amis du Red Pencil
Office Address	47 Boulevard Saint Michel, 1040 Brussels, Belgium
Accounting Firm	DBM Tax & Accounting Rue Paul Lauters 1, 1000 Bruxelles, Belgium
Bank	BNP Paribas Fortis 3 Montagne du Parc 1000 Bruxelles
Auditor	BMS & C° Réviseurs d'entreprises Waterloosesteenweg 757 1180 Brussel



The Red Pencil (Europe), as a foundation of public utility, adheres to the Belgian Companies and Associations Code (law of 23 March 2019). As a member of the Belgian Federation of Foundations, The Red Pencil (Europe) undertakes to comply with the rules of good governance of the philanthropy sector.

Board Directors



Laurence de Groote
Credentialed and Registered Art Therapist

Managing Director and Founder



Alain Vandenborre
Businessman

Co-founder and Board Director

Related Entity

The Red Pencil (Europe) is a related entity to The Red Pencil Humanitarian Mission. The Founder and Board Director of The Red Pencil (Europe) is also the Founder and Managing Director of The Red Pencil Humanitarian Mission. Founder and Board Director, Mrs Laurence de Groote, a registered art therapist, volunteers full-time at The Red Pencil without salary or allowance. All of Mrs de Groote's expenses are borne on her account.

Conflict of Interest Policy

All Board members and employees will be required to comply with the conflict of interest policy which stipulates that, when dealing with matters concerning The Red Pencil (Europe), they are to exercise their best care, skill and judgement for the sole benefit of the organisation and to make full disclosure of interests, relationships and holdings that could potentially result in a conflict of interest. Written processes are in place for Board members and employees to declare actual or potential conflicts of interest on a regular and need-to basis. Staff and Board members are to be excluded from discussions and approvals of transactions in which they have a conflict of interest.

Board Evaluation Policy

The Red Pencil (Europe) adopts the Board self-evaluation policy whose purpose is to allow all Board members to evaluate and discuss the Board's performance with candour and from multiple perspectives. It is useful to ensure continuous improvement in the way the Board conducts its business. The Board believes the evaluation will lead to a closer working relationship among Board members, greater efficiency in the use of the Board's time, and increased effectiveness of the Board as a governing body.

Our Financials

PROFIT & LOSS ACCOUNT (in €) 2025

INCOME	
Income from sales	33.037
Income from donations & grants	213.533
Other incomes	512
Total income	247.082
EXPENDITURES	
Cost of art therapy activities (art therapists fees & art material)	100.848
General costs	22.279
Staff related costs	166.976
Other costs	2.781
Total Expenditures	292.884
OPERATING PROFIT & LOSS	-45.802

RPE ASSETS (CASH IN RESERVE) 65.896

Bien que l'organisation fasse état d'un report de pertes, le conseil d'administration a évalué la continuité des opérations et reste confiant dans l'avenir du Red Pencil (Europe) au travers d'une nouvelle stratégie de visibilité et de levée de fonds, mise en place pour assurer la pérennité de l'organisation dans une exigence de gouvernance inchangée. Le résultat de cette évaluation de viabilité permet la présentation des comptes annuels selon le principe de la continuité d'exploitation.

Ways To Support Us

Donations to support creative arts therapy programmes in Europe:

BANK TRANSFER (NON-TAX DEDUCTIBLE)

Name of Bank Account: The Red Pencil (Europe)
Bank: BNP Paribas Fortis
Address: Montagne du Parc 3.
B-1000 Bruxelles
IBAN: BE03 0018 6142 8784
SWIFT Code: GEBABEBB



FOR TAX DEDUCTION IN BELGIUM, FRANCE, THE NETHERLANDS, DENMARK AND LUXEMBURG



Please scan the QR code on the left or click [here](#).

Please note that donors from Belgium, France, The Netherlands, Denmark and Luxemburg using this payment option are eligible to tax-deduction on certain conditions.

If you would like to join us as a volunteer or fundraiser:

CONTACT US

Our Office
Boulevard Saint-Michel 47
1040 Brussels, Belgium



OR

Visit our website at
www.redpencil.org/europe

If you would like to help spread the word or follow what we do:

FOLLOW US ON OUR SOCIALS



@theredpencilorg

Gratitude

To our donors, grant-makers and sponsors

We would also like to extend our utmost appreciation to all our donors, grantmakers and sponsors who have supported us over the past year.



Gratitude

To our partners

We would like to express our heartfelt gratitude to all our partners for the meaningful collaborations that bring life-changing transformations to our beneficiaries.



The Red Pencil (International)



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Axes of Interventions

The Red Pencil (International) is the entity of The Red Pencil Humanitarian Mission that conducts interventions in low-and middle-income countries where people experience humanitarian conditions, meaning that their health, safety and well-being are threatened. We intervene in a variety of contexts, for example to help victims of natural disasters, people forcibly displaced as a result of conflict, children facing serious illness or socially marginalized communities.

We work in partnership with local organizations around the world and with a global network of accredited creative arts therapists who hold a university master's degree and are registered with a professional association to foster continuous learning and development, stay on the cutting edge of professionalism and ensure best practice for the vulnerable people in their care.

Since its foundation in 2015, The Red Pencil (International) has conducted missions :

3406
Empowered
Beneficiaries

23
Countries

26
Organisation
Partners

We offer the following interventions, tailored to the needs of the target audience:



Group art therapy interventions



Arts-based Capacity Building and Training (ACBT)

Featured Project

Drawing to release the heart of a child

Art therapy intervention for children in Lebanon

2025 marked the fourth phase of the programme Drawing to Release the Heart of a Child, implemented in Lebanon since 2020 in partnership with the educational charity My School Pulse (MSP), which provides educational support, tutoring, and emotional assistance to children diagnosed with cancer and other serious illnesses. The current climate of violence and conflict affecting the region has further intensified the psychological needs of hospitalized children and their families, making access to psychosocial support increasingly essential. The objective of this fourth phase was to provide art therapy sessions to children hospitalized in Beirut and Byblos, as well as to their parents and siblings, thereby adopting a more systemic and family-centered approach. The programme also sought to strengthen the capacity of MSP tutors by equipping them with arts-based tools to support children's emotional wellbeing while fostering their own resilience and self-care in the course of their work.

Duration

April to July 2025

Donors

Fondation Pro Victimis
Wallonie-Bruxelles International
Fondation Lama
Faber-Castell

In partnership with

My School Pulse

Art therapists

Heidi Bardot (Supervisor)
Soraya Obeid
Mona Chebaro
Salma Tlili

Activities

- Online group art therapy sessions for children, their parents and their siblings;
- Online training refreshing sessions for tutors.

Results

165

Hours of art therapy sessions

67

Participants (children, parents and siblings).

11

Tutors participating in training refreshing sessions.

Impact for participants

Group art therapy proved highly beneficial for all participants. Through shared creative experiences, participants were exposed to different perspectives and artistic approaches while building trust, mutual support, and greater self-expression. For young patients with chronic illnesses, who often experience prolonged isolation due to weakened immune systems, the group setting provided a safe space for social interaction and a sense of belonging. Siblings received much-needed attention and support to process complex emotions and adapt to changes following a loved one's diagnosis. Parents reported feeling less isolated, looked forward to the weekly sessions, and valued the opportunity to reflect on their own experiences and wellbeing.

The refresher sessions enabled the group of tutors to develop into a safe, supportive, and emotionally aware community. Over time, participants demonstrated greater openness, trust, willingness to share personal experiences, alongside increased self-awareness and stronger self-care practices. The sessions helped reduce feelings of emotional isolation and fostered meaningful peer support, with participants actively listening to and encouraging one another. They also provided a valuable framework for exploring personal boundaries, drawing on cultural strengths, and building sustainable wellbeing practices that could benefit both the tutors themselves and the children they support.

Drawing to release the heart of a child

Story of Change

Ranya (pseudonym), 11 years old

Rania is an 11-year-old girl who lives with a chronic illness and very low immunity. Due to her medical condition, she is not attending school and remains confined at home, which severely limits her social interactions and opportunities for expression. When she first joined the online art therapy group, she appeared shy and reserved. Rania expressed her sorrow of confinement at home and not playing with her friends whom she has not been seeing for a long time (Figure 1). The objective of the art therapy sessions was to foster both interpersonal and intrapersonal growth — to help her connect with peers, express her inner world creatively, and advocate for positive relationships outside sessions with family members, tutors, and significant others



At the first sessions, Rania remained quiet, observing others with curiosity. However, as the weeks unfolded, she began expressing herself better engaging with the group at her pace. During the third session, the creative invitation was open-ended. Rania began with a simple red triangle and slowly transformed it into a house (Figure 2). When asked about what was happening inside the house, she responded that she was colouring and drawing — an expression of joy in the present moment.

This marked a shift toward mindfulness and grounding. For Rania, art became a way of anchoring herself in the here and now — a space of self-connection, and gentle joy. As the group progressed, Rania expressed her deep wish to recover and return to school. In one of her artworks, she drew the school building, her teachers outside, and her friends inside the classroom, all bathed in shades of green (Figure 3). The drawing suggested a reawakening of dreams, a visualisation of healing and reintegration into the social world she missed so much.



Figure 2



Figure 3

Through the online group art therapy programme, Rania was introduced to peers whom she met online on a weekly basis with the art therapist. This group provided for her a window for expression among peers and build new friendships. She developed a new creative tool to express herself (drawing and coloring...) that she enjoyed much. She drew herself engaging in the online group from her home, and birds on the branches of a tree outside her house. Her art had become a bridge between her inner world and the outer world she longed to rejoin.

Observations from the art therapist

The art therapist observed a progressive transformation in Rania: from a withdrawn child to a young girl participating at her own rhythm, opening up emotionally, and connecting with others through art. The sessions gave her a structured and nurturing space where she could feel seen, safe, and heard. She has developed a powerful new outlet for her emotions: drawing and colouring — tools she now used to express hope, joy, and sadness alike.

Rania's story illustrates the power of group art therapy to open emotional windows, even from behind the walls of medical confinement.

Drawing to release the heart of a child

Story of Change

Amina (pseudonym), mother of a chronically ill child

Amina is a mother of two. Her son is chronically ill and is currently receiving treatment abroad. As a result, she lives in a context of emotional and physical isolation, far from extended family and familiar cultural support. Her days are filled with caregiving duties and uncertainty, while her support system remains minimal. Before her son's illness, she used to enjoy drawing, but she had stopped all creative activities after his diagnosis.



Figure 1

In her early work, her drawings were less personal and emotionally driven (Figure 1).

When Amina joined the art therapy group for parents, she was extremely quiet and reserved. She would often sit in the background, letting others speak first, and rarely shared spontaneously. Even when encouraged, she hesitated to describe her drawings and was frequently interrupted, which further reinforced her silence.

From the very first sessions, it was clear that Amina carried a heavy emotional load, not only from her child's illness, but also from her past experiences of war and displacement. She had been uprooted multiple times due to conflict, leaving deep emotional wounds marked by grief, fear, and instability. The art therapy space offered her, for the first time in a long while, a calm and structured environment where she could begin to process these complex experiences.



Figure 2



Figure 3

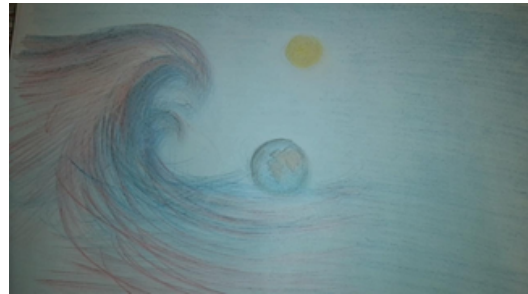


Figure 4

However, as the sessions unfolded, Amina began to express herself with increasing confidence and depth. She started using symbols and metaphorical images to convey inner emotions that she couldn't put into words (Figure 2, 3 and 4). One turning point was when Amina shared to the group that she had started drawing again at home. She even initiated a painting activity with her daughter, a meaningful and joyful connection that emerged directly from her renewed relationship with creativity. In parallel, she resumed self-care practices she had abandoned, like breathing exercises and journaling. Her body language became more relaxed, and her emotional state visibly lighter.

By the end of the art therapy cycle, Amina had not only reconnected with her creative self but also gained emotional visibility within the group. She became more expressive, more confident, and more present. Her evolution inspired other quiet participants to open up as well, positively affecting the group's dynamic.

Observations from the art therapist

At the beginning of the programme, Amina presented with a closed and introverted posture, shaped by years of caregiving stress, isolation, and trauma. Art therapy offered her a safe, contained space where she could begin to process the emotions she had long suppressed. Through symbolic expression, Amina externalized her inner turmoil in a way that felt safe and meaningful to her. Her use of visual language helped her explore themes of fear, resilience, and hope without the need for words. Over time, she grew more confident, both in her artwork and in verbal sharing. Her progress also translated into her family life, especially in the strengthened bond with her daughter, and her reconnection with art as a tool for joy, regulation, and self-expression.

To continue to support this programme, we need a budget of 30.000 euros. Any support to ensure the continuity of this project is received with much gratitude: <https://redpencil.org/international/donate>



Featured Projects

Art therapy open studio

For adults in psychiatric care and their community. Switzerland

In 2025, we had the pleasure of collaborating with the Nicolas Bouvier Centre, a free and open space within the Department of Psychiatry at Geneva University Hospital. The centre encourages social interaction and connections among service users of the psychiatry department in a non-clinical environment that is also open to the general public. As part of this collaborative and inclusive setting, The Red Pencil organized eight open-studio workshops accessible to anyone attending the centre. Participants had the opportunity to contribute either to a collective project, a textile banner, or to a personal project, the creation of a flag, for a mental health awareness event in Geneva, planned in 2026. The project aimed at promote personal expression and self-expression, reduce stress and anxiety levels, Improve and strengthen self-confidence. Over the course of the workshops, a core group of regular participants emerged. In total, 16 service users benefited from the project.

Duration

April to May 2025

Donors

Capital Group

In partnership with

Centre Nicolas Bouvier - Hôpital psychiatrique
Belle-Idée HUG Genève
The Red Pencil (Europe)

Art therapy

Ariane Wyss

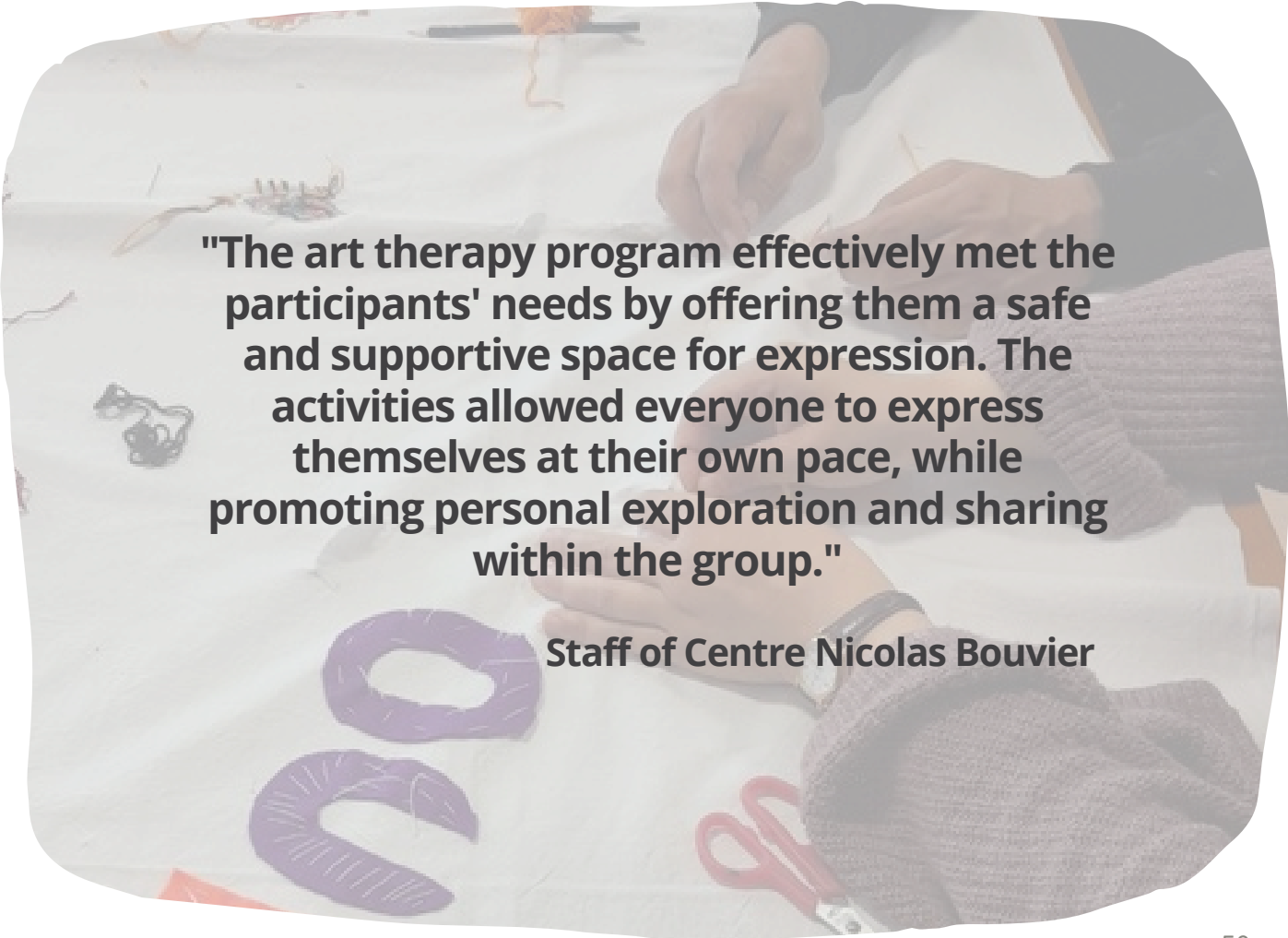
Volunteer

Mayline Dias

Activities

16 Hours of art therapy open studio

To know more whatch de video of the project



"The art therapy program effectively met the participants' needs by offering them a safe and supportive space for expression. The activities allowed everyone to express themselves at their own pace, while promoting personal exploration and sharing within the group."

Staff of Centre Nicolas Bouvier

Featured Projects

Well-being at work

Art therapy discovery workshops at work
Luxembourg, Switzerland, United Kingdom

This year again we had the pleasure to renew our collaboration with Capital Group to unleash the benefit of art therapy to improve well-being at work. As part of the activities organised by the organisation for its employees in the occasion of the Mental Health month. The Red Pencil conducted workshops using artistic techniques inspired by the art therapy approach. These sessions were designed to encourage participants to reflect on the notion of health, happiness and well-being.

The workshops took place in the Captal Group offices in Luxembourg, Switzerland, United Kingdom.

- Duration**
May 2025
- Corporate partner**
Capital Group
- In partnership with**
The Red Pencil (Europe)
- Art therapy**
Natacha Pirotte



Results

3

Counries

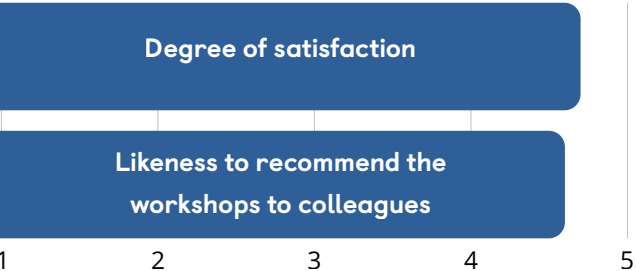
6

Hours of workshops
in total

31

Participants

Results of post workshops surveys



Words summarizing participants' experience



"I felt free to express myself without judgment"

"I got a sense of belonging"

"I learnt to get in touch with my feeling through art"

Testimonies from participants

What's New & Upcoming

Perspectives 2026

What has been achieved? What is new and upcoming for RPI ?

Under the operational leadership of The Red Pencil (Europe) which currently carries the responsibility of international projects and, despite the philanthropic challenges of nowadays, The Red Pencil (International) continues to operate wherever possible.

Lebanon remains at the heart of our support, and the current political circumstances urge us to provide ongoing support in vulnerable countries.

Resilience in times of challenges is not only what our service-recipients experience through art therapy but also what The Red Pencil tries humbly to live and display at home and within our team. One major support to creative arts therapy in Geneva is Capital Group that continues to provide opportunities for our work to be known among their employees through art therapy workshops organized in Geneva, London and Luxembourg and led by Natacha Pirotte, credentialed art therapist and General Manager of our Brussels office. We express here our gratitude to Mr. Gavin Lillburn and his team, Emmanuelle Dias, Bianca Rose and Liliana Baciledi Castiglione for their ongoing presence.

During 2025, in our efforts to create further visibility of our mental health objectives through creative arts therapy, The Red Pencil (International) had the chance to receive the support of credentialed art therapist Camilla Mele, PhD, by discovering potential foundations and discussing with partner organizations. We are grateful and warmly thank Camilla for her voluntary involvement with us.

The Red Pencil will continue to advocate that mental health through creative arts therapy is essential to our community to build a safer and more stable world. Therefore, we will relentlessly continue our journey of creating visibility opportunities for our cause.

In 2026, we are planning to bring more directors at the board level to give us advice and open doors to partners and corporate organizations who would be willing, through our corporate workshops, to create awareness about the power of art therapy to support any recovery process and offer strength and resilience to face adversities with courage and hope.





Corporate Governance



The Red Pencil (International)

IDE Reg. No.	CHE-264.180.561
Date of Foundation	15 March 2015
Federal Tax Exemption Status Granted	06 October 2015
Office Address	53 avenue Blanc 1202 Geneva Switzerland
Accounting Firm	Fidinam (Geneva) SA Avenue Blanc 53 1202 Geneva Switzerland
Bank	UBS Switzerland AG Places des Eaux-Vives 2 1207 Geneva Switzerland
Auditor	PKF Fiduciaire SA Avenue de la Gare 32 1950 Sion Switzerland

The Red Pencil (International) is a Swiss-registered Association and adheres to the Swiss Code of Obligations and relevant federal and Geneva Canton legislation. We are committed to transparent governance and to regularly reviewing and improving all our practices and procedures as a learning organisation.

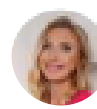
Board Directors



Mrs Laurence de Groote
Founder & Managing Director
Credentialed and Registered Art Therapist



Mr Alain Vandenborre
Chairman and Co-founder
Businessman



Mrs Anna Kontchakova
Director

Related Entity

The Red Pencil (International) is a related entity to The Red Pencil (Singapore) and The Red Pencil (Europe), under the helm of the governance entity, The Red Pencil Humanitarian Mission, based in Monaco.

Conflict of Interest Policy

All Board members and employees are required to comply with our Conflict of Interest policy which stipulates that, when dealing with matters concerning The Red Pencil, they are to exercise their best care, skill and judgement for the sole benefit of the organisation and to make full disclosure of interests, relationships and holdings that could potentially result in a conflict of interest. Written processes are in place for Board members and employees to declare actual or potential conflicts of interest on a regular and need-to-know basis. Staff and Board members are to be excluded from discussions and approvals of transactions in which they have a conflict of interest.

Board Evaluation Policy

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Our Financials

PROFIT & LOSS ACCOUNT (in CHF)	2025
INCOME	
Income from donations & grants	18.300
Total income	18.300
EXPENDITURES	
Cost of art therapy activities (art therapists fees & art material)	21.277
General costs	6.377
Other costs	2.147
Total Expenditures	29.801
OPERATING PROFIT & LOSS	-11.501
RPI ASSETS (CASH IN RESERVE)	19.196

Ways To Support Us

Donations to support creative arts therapy programmes around the world (excluding Europe and Singapore):

BANK TRANSFER
Name of Bank Account: The Red Pencil (International)
Bank: UBS Switzerland AG
Address: Place des Eaux-Vives 2,
1207 Geneva, Switzerland

CHF Current: CH44 0024 0240 8984 0040 M
EUR Current: CH39 0024 0240 8984 0041 C
USD Current: CH13 0024 0240 8984 0060 Z
SGD Current: CH13 0024 0240 8984 0061 W
SWIFT Code/BIC: UBSWCHZH80A

Please inform us of your donation by sending a message to welcome@redpencil.org with your bank transfer reference, name and contact details.

If you are a donor who is based in Europe or in the United States of America, you are entitled to tax rebates. For further details, please contact us.

DONATE ONLINE

1. Donate directly through the Red Pencil website (Scan the QR code on the right or visit <https://redpencil.org/international/donate/>)

OR

2. Donate through [Simplygiving.com](https://www.simplygiving.com), an online fundraising platform

[Click here to donate!](#)



If you would like to join us as a volunteer or fundraiser:

CONTACT US
Our Office
53 avenue Blanc, 1202 Geneva
Switzerland



If you would like to help spread the word or follow what we do:

FOLLOW US ON OUR SOCIALS



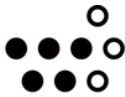
[@theredpencilorg](#)

Gratitude

To our donors, grantmakers and long term partners

We would also like to extend our utmost appreciation to all donors, grantmakers, individuals, corporate d and partners who have supported us over the past years. Thank you!

FONDATION
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Wallonie - Bruxelles
International.be


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since 1761


Francophones
Bruxelles

 **Fondation Lama**

fondation
alta mane 

 **Gouvernement Princier**
PRINCIPAUTÉ DE MONACO

 **stichting**
vanWellvanderSnoek


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 **KAIVALYA**
Education Foundation

 **TÜRK**
PSİKOLOGLAR
DERNEĞİ

 **Piramal**
Foundation

 **Alexandria**
Pediatric
Oncology
Charity
3939

 **B o r g**
El-Arab
University
Hospital



The Red Pencil (Singapore)

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Clinical Sessions

In-depth, expert-led therapeutic intervention:

This core programme provides a structured series of *eight individual or group sessions facilitated by our team of credentialed art therapists. It offers a safe, confidential space for deep psychological exploration and healing.

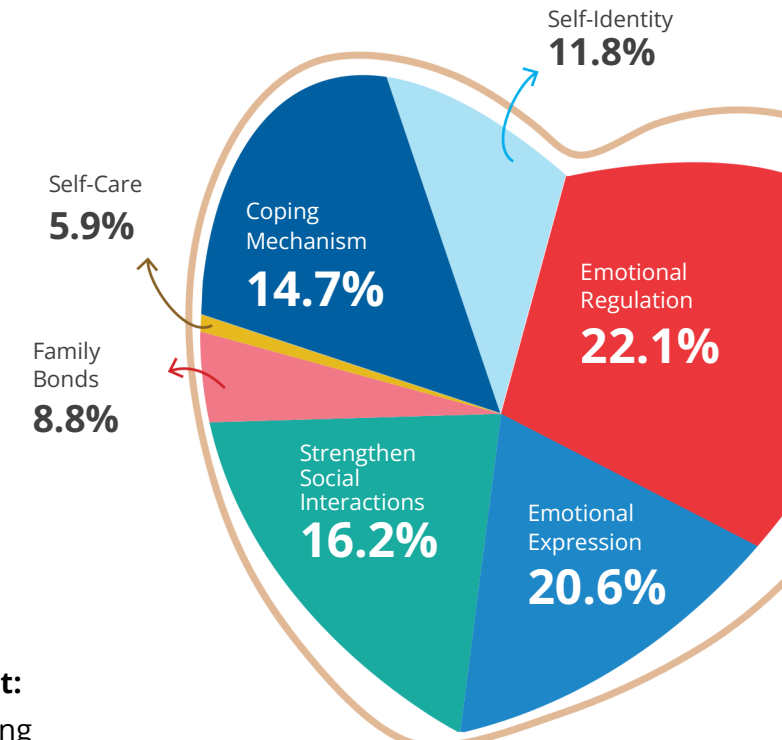
A structured pathway to personal empowerment:

Each cycle is designed to build progressively, helping participants develop emotional resilience, process complex feelings, and build coping strategies. The goal is to empower them to navigate their unique challenges.

Evidence-based and outcome-focused:

This programme's format and efficacy are continually refined. The consistent eight-session model ensures therapeutic depth, allowing for measurable progress and lasting positive change.

**The eight-session cycle may be renewed following a clinical review by the multi disciplinary team overseeing the individual's care.*



Art Therapy Themes



Stories of Change

Unlocking New Beginnings

Our Stories of Change are not only about recovering and integrating what may have been hurt or damaged through adverse circumstances, but mostly about uncovering what the future can luminously hold for oneself and for others. In the quiet act of creating — shaping clay, brushing colour, folding paper— our beneficiaries rediscover their voice, strength, and capacity for change. At The Red Pencil (Singapore), art therapy offers a pathway to a happier, more grounded, and freer version of oneself.

Each journey is different, yet each speaks to the same truth: transformation happens when we are given the space to meet ourselves with compassion. Whether in a studio or a prison ward, through metaphor and material, people move from being defined by their pain to becoming authors of their own stories. These pages honour their courage, as well as the quiet, powerful work of making new meaning, one mark at a time

Art Therapist:
Dawn Kwan

Type of Art Therapy:
Clinical Individual Art Therapy

Rhonda*, 27, felt broken by past relationships and burdened by a deep sense of not being enough. Over eight sessions of art therapy, she used clay, colour and collage not just to express her pain, but to slowly rebuild her sense of self.

This is the story of how Rhonda learned to be her own safe harbour.

**pseudonyms have been used to protect the identity of the client*

Finding Her Own Shelter

Rhonda's Journey from Shame to Self-Compassion

The Beginnnng

Rhonda arrived at The Red Pencil (Singapore) feeling “out of control.” Waves of shame and confusion from painful relationships had left her emotionally adrift, her self-worth defined by others. She longed to feel grounded in herself but didn’t know where to begin.



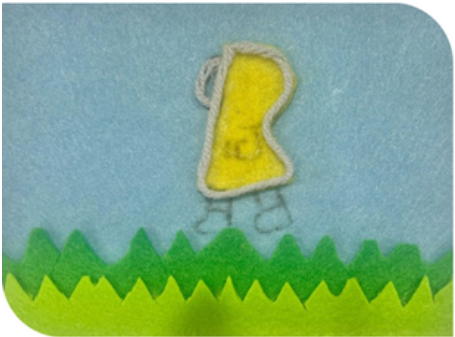
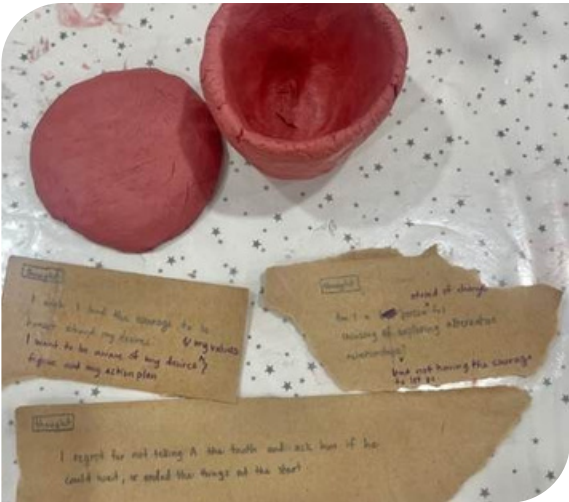
Voices Through Art

Her first act of transformation was a simple one: shaping a small pinch pot from clay. It was delicate, with a removable lid. “It feels thin and fragile,” she shared, a perfect mirror of her inner state, containing her emotions just to get by, yet fearful of what might spill out if opened. This humble pot was the starting point, a symbol of her capacity to hold her experiences, however fragile it felt.

As trust grew in the safe, nurturing space of the studio, Rhonda’s art became her language for exploration. She painted calming lavender, connecting scent to safety. She decorated a box, exploring the difference between her polished exterior and her uncertain interior. She gathered soft feathers, smooth shells, and bright pompoms to create symbols of values she wanted to nurture: courage, honesty, comfort. With each tactile, sensory material —watercolours, textiles, felt — she was not just making art; she was literally reaching for and building a kinder inner world.

A Shift Happens

A pivotal shift occurred as she reconnected with “Backpacker R”, the independent, curious version of herself from the past. This rediscovery became a bridge to her own strength. Through metaphors like a moon in different phases, she began to see her life and emotions not as flaws, but as natural cycles of change and growth.



“
*No longer seeking
someone else to
hold the umbrella,
R had fashioned her
own protection.*”

Growth and Discovery

The culmination of her eight-week journey was a poignant textile collage: a girl in a bright yellow raincoat, walking steadily through the rain. No longer seeking someone else to hold the umbrella, Rhonda had fashioned her own protection. In a moment of profound clarity, she reflected on her relationship patterns and stated, “I am not the victim in this relationship, I have been the perpetrator.” This was not self- blame, but empowered accountability. She could finally see her own role clearly, which meant she also held the power to change it.

From a sealed, fragile container to a resilient figure moving through a storm, Rhonda’s artistic journey maps a transformative path from survival to self-governance.

Rhonda left not with all the answers, but with something more vital: the tools, the compassion, and the growing belief that she was, and always had been, enough.

Words by Art Therapist

Dawn Kwan



On the Therapeutic Balance:

“A key challenge was navigating Rhonda’s deep-seated shame without triggering it. Art metaphors were our safe passage. She could project feelings onto the moon, the box, or the raincoat girl, and explore them from a distance. This allowed her to process pain without being retraumatized by it, preserving her dignity and control.”

On Creating Safety:

“We used gentle materials — lavender, soft fabrics, flowing watercolours — to calm the nervous system first. When the body feels safe, the heart can speak. Shame thrives in secrecy, but through texture and symbol, Rhonda could place those feelings outside herself, look at them, and begin to understand them without being overwhelmed.”

On What’s Next:

“Rhonda has done the courageous work of clearing the canvas and sketching a new outline. Now, she is ready for the next phase: adding depth, colour, and detail. Her journey of becoming is beautifully underway.”



Community Outreach & Events

In 2025, **The Red Pencil (Singapore)** propelled our mission forward by strategically connecting with our community through powerful in-person events. We seized every opportunity to inspire participants and passionately advocate for the transformative benefits of creative arts therapy.



Healthier Nee Soon, Healthier You

11 October 2025

Guided by warmth and community spirit, The Red Pencil (Singapore) engaged seniors at the Healthier Nee Soon, Healthier You Carnival through our outreach booth. We were honoured to meet Coordinating Minister for National Security of Singapore Minister K. Shanmugam, and MP Lee Hui Ying, and share about our charity's work & programmes.

Concurrently, our art therapists conducted a hands-on session at Goodlife Studio @ Khatib, where seniors relived childhood joys through creative art therapy activities Back to Play, Back in Kampung.



RPS 14th Anniversary Celebrations

2 August 2025

With heartfelt thanks, The Red Pencil (Singapore) celebrated its 14th Anniversary with Art Therapy Through Seasons of Life. We are grateful to our corporate volunteers from DBS Institutional Banking Group, the Mrs Singapore World contingent, sponsors, and our amazing staff and youth volunteers, whose dedication brought seasonal art therapy activities to life, allowing participants to experience the transformative power of art therapy.



We look forward to continuing to inspire creativity, connection and well-being in the years to come.

Our Golden Years at Junction 8

25 October 2025

With a strong sense of purpose and community, The Red Pencil (Singapore) launched our Seniors Outreach Event, Our Golden Years, at Junction 8 Open Plaza. The event, supported CapitaLand Hope Foundation (CHF), engaged approximately 150 seniors through interactive art therapy stations focused on reminiscence, self-care, and resilience. Seniors also enjoyed their snacks and had a joyous time listening to old tunes and chatting with our staff and volunteers. Grateful to CHF's support, as it allows continued expansion of our senior-focused art therapy initiatives.





Fundraising Events

In 2025, our fundraising events were vibrant gatherings of purpose and connection. Each event served a dual mission: to generate essential funds and to passionately share the power of creative arts therapy with a growing community of supporters. These heartfelt contributions directly fuel our mission, enabling us to sustain and expand therapeutic programmes, conduct vital research, and extend our outreach to those who need it most.



Funds Raised: **\$310,695**

Art to Heart Charity Gala

26 April 2025

The Red Pencil (Singapore)'s inaugural Art to HeART Charity Gala Dinner, held at the JEN Singapore Tanglin by Shangri-La, was a landmark celebration of community and compassion, raising over \$300,000 to bring art therapy to vulnerable individuals and families across Singapore.

The evening seamlessly blended immersive creative experiences and moving beneficiary stories with unforgettable performances — from Tokyo Square's retro-pop revival to angelic choral and contemporary dance pieces — creating a powerful testament to resilience through art. Together, our supporters sent a resounding message that no one journeys alone, and every contribution fuels transformation and hope.



The Red Pencil (Singapore) Caring Touch Charity Golf 2025

11 September 2025

Our inaugural Caring Touch Charity Golf 2025, held at Laguna National Golf Resort, was a beautiful celebration of community and compassion. In attendance at lunch and dinner were beneficiaries from Ling Kwang Home for Senior Citizens, Bishan Home for the Intellectually Disabled, Singapore Children's Society and Fei Yue Community Services

We were honoured by the presence and support of Guest of Honour, Minister for National Development of Singapore Chee Hong Tat. The event transcended a typical tournament, creating meaningful connections and serving as a powerful reminder of the community spirit at the heart of our mission to bring transformation through art therapy.

Funds Raised: **\$205,591**



Featured in:
Golf Asia Magazine

Our first-ever Charity Golf event was memorably covered by Golf Asia, a premier local golfing publication. The feature captured the spirit of the day; from the lush fairways of Laguna National Golf Resort to the powerful camaraderie of golfers uniting for a meaningful cause.

Our Commitment on Future Plans

Over the next two years, The Red Pencil (Singapore) is committed to strengthening organisational effectiveness, operational efficiency, and programme impact. Building on the implementation of key policies and processes, the organisation will continue to enhance governance practices, with a particular focus on risk management and digital transformation.

Growth Plan

In supporting the expansion of programmes and addressing growing mental health needs, manpower planning will remain a priority for The Red Pencil (Singapore). The organisation will further enhance its capacity and capabilities through the optimisation of office space to support staff growth, the strengthening of staff competencies, the integration of environmental considerations into operations, and the continuous elevation of service standards across its creative arts therapy programmes.

A key strategic focus will be the development of signature programmes tailored to specific beneficiary profiles, enabling more targeted and impactful mental health interventions. The Red Pencil (Singapore) will continue working closely with social service agencies, schools, hospitals, and community partners to deliver comprehensive creative arts therapy support across all age groups in Singapore, while progressively expanding its offerings in music therapy and contributing to evidence-based practice through research collaborations.

Key strategic initiatives guiding the organisation's growth and impact are outlined below:

Research and evidence-based practice: The organisation will work with researchers to study art therapy's impact on family relationships, strengthening evidence-based practice.

Operational efficiency and systems enhancement: The Red Pencil (Singapore) will use a robust CRM to streamline tasks and support data-driven decisions.

Community outreach and public engagement: The organisation will raise mental health awareness through neighbourhood events with schools, charities, and community partners, and will proactively engage with the Ministry of Health and Ministry of Education to identify and jointly address priority areas where art therapy can best support family and child mental health outcomes in Singapore.

Volunteer development and sector collaboration: Volunteers will be recruited, trained, and recognised, while partnerships with LASALLE, ATAS, and the Association for Music Therapy expand impact.



Fundraising Plan

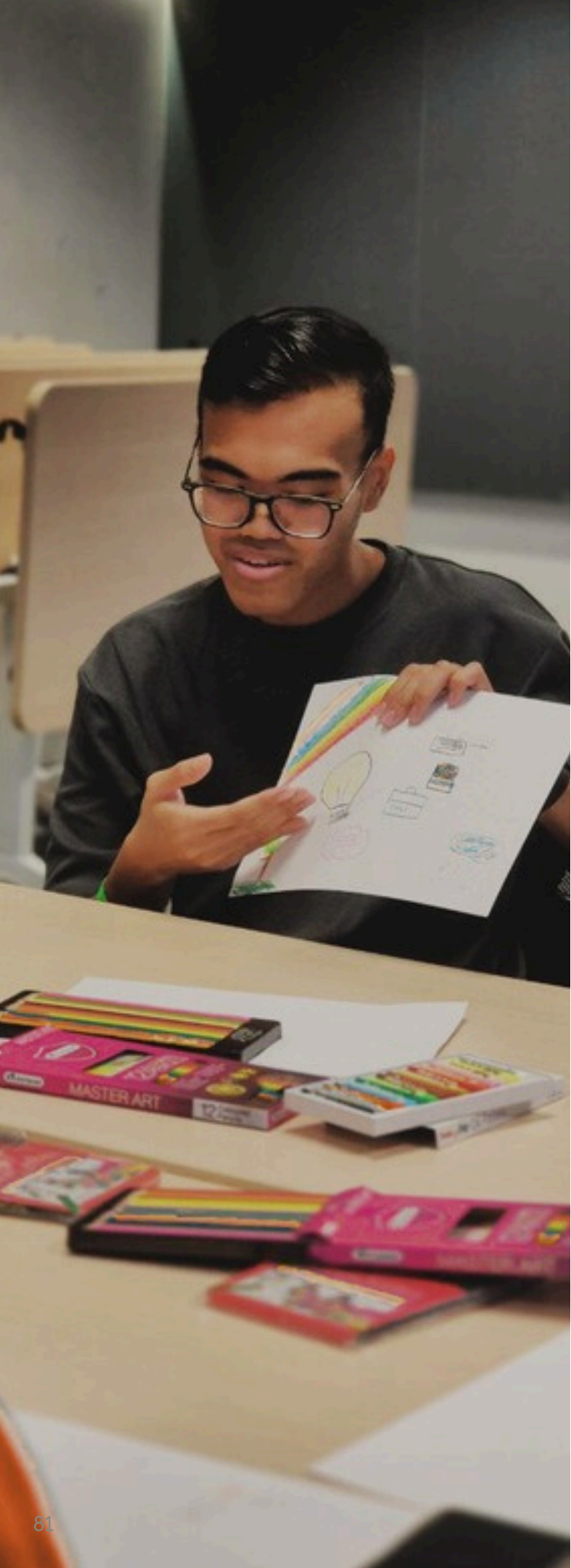
In ensuring financial sustainability and support organisational growth, The Red Pencil (Singapore) will implement a diversified and strategic approach to fundraising over the next two years, including:

- **Organising fundraising events**, including a series of art-related activities conducted in the lead-up to the charity art exhibition.
- **Partnering with schools** to conduct Flag Day initiatives that raise funds and public awareness.
- **Strengthening relationships with foundations**, grant makers, and corporate partners to establish long-term, meaningful collaborations.
- **Leveraging online platforms** to launch targeted fundraising campaigns.
- **Enhancing donor stewardship** to improve engagement and encourage recurring contributions.
- **Utilising a donor management system** to track and manage donor relationships and contributions efficiently, supporting data-driven decision-making.

Expenditure Plan

The organisation anticipates incurring expenses across the following key areas to support its growth and impact:

- Administrative and governance
- Fundraising
- Marketing and outreach
- Manpower cost
- Operation (e.g., office rental, maintenance, technology)
- Programmes (e.g., art therapists, art materials)
- Research
- Sponsorship of Master in Art Therapy scholarship



Corporate Governance



The Red Pencil (Singapore)

UEN No.	201113675E
Date of Foundation	08 June 2011
Date Approved as IPC Registered Address	01 May 2015 (Latest approval renewal till 02 September 2027)
Office Address	82 Redhill Lane #01-69 Singapore 150082
Bank	United Overseas bank Limited
Auditor	Tan, Chan & Partners
Corporate Secretary	SeeSalt Corporate Services Pte Ltd

The Red Pencil (Singapore) was registered as a charity under the Charities Act (Chapter 37) since 15 June 2012. It continues to adhere not only to this Act, but also to the Code of Governance for Charities and Institutions of a Public Character and regulations issued by the Charity Council, continually strengthening its accountability and transparency.

A comprehensive set of internal policies has been established to maintain a sound system of internal controls that safeguard the interests of stakeholders. These policies cover key areas such as Anti-Money Laundering and Countering the Financing of Terrorism, Board, Data Protection, Facility Management, Finance, Fundraising, Human Resource, Information Technology, Investment, Marketing and Communications, Programmes and Service Quality, Risk Management, and Volunteer Management.

Related Entity

The Red Pencil (Singapore) is a related entity to The Red Pencil Humanitarian Mission. The Founder and Board Director of The Red Pencil (Singapore) is also the Founder and Managing Director of The Red Pencil Humanitarian Mission. Founder and Board Director, Mrs Laurence de Groote, a registered art therapist, volunteers full-time at The Red Pencil without salary or allowance. All of Mrs de Groote's expenses are borne on her account.

Whistle Blowing Policy

The Red Pencil (Singapore) is committed to the highest standard of ethical behaviour and sound corporate governance. Our whistle-blowing policy compiles with the Code of Governance is intended to provide guidance to those who have concerns about possible irregularities or wrongdoings within the organisation. The policy is adopted to ensure that members of staff would not suffer any detriment, or be fearful of the risk of reprisal, victimisation or other adverse repercussions, as a consequence of them raising their concerns in good faith.

Reserves Policy

Reserves are maintained to provide working capital and enable The Red Pencil (Singapore) to develop over the longer term. Designated Funds and Restricted Funds are donations or grants received that are set aside for specific projects and expensed, in accordance with donors' wishes or stipulated by government ministries. These reserves are not expected to exceed the equivalent of 3 years' expenditure of The Red Pencil (Singapore).

Board Evaluation Policy

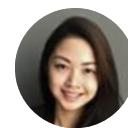
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The charity has retained the Founding members, Mr Alain Vandenborre and Mrs Laurence de Groote, on the governing Board beyond 10 consecutive years with effect from June 2021. The Founding members remain integral to the organisation and have been the backbone support on the Board. As the Board has expanded and welcomed new Directors, their involvement ensures continuity and the retention of institutional knowledge as the charity grows. Board independence is upheld, with key decisions made collectively and supported by appropriate checks and balances. In addition, Mrs Laurence de Groote's specialised expertise, rare at a senior level in both art therapy and charity governance, continues to fulfil organisational and Board composition need. The extension of the Founding members' terms was deliberated, justified and approved at the Annual General Meeting.

Board Members

The Red Pencil (Singapore) Board is made up of 10 members. Board Members are elected or appointed and serve for 3 years. All Board Members are not paid any remuneration or director's fees. There is a maximum term limit of 4 consecutive years for the Treasurer position. The Board meets at least 4 times a year, with a quorum requiring at least half of the Directors and not less than 3 Directors in attendance. No staff member sits on the Board.

Board member of The Red Pencil (Singapore) and the number of meetings attended by the Board is as follows:

 Laurence de Groote <i>Credentialed and Registered Art Therapist</i> Managing Director and Founder Board Member since 8 Jun 2011 Meetings Attended 4 / 4	 Alain Vandenborre <i>Businessman</i> Co-founder and Board Director Board Member since 8 Jun 2011 Meetings Attended 3 / 4	 Anthony Ang Meng Huat <i>Singapore's Non-Resident Ambassador to the Republic of Tunisia</i> Board Chairman Board Member since 1 Jun 2024 Meetings Attended 4 / 4	 Sharon Tan Sui Wun <i>Managing Director & Head of SME Banking, DBS Singapore</i> Board Treasurer (till 30 June 2025) Board Member since 15 Apr 2023 Meetings Attended 1 / 2	 Ng Soek Mun <i>Director of Community Relations, Tsao Foundation</i> Board Director Board Member since 1 Feb 2023 Meetings Attended 3 / 4
 Snehal Arvind Patel <i>Investor, Saena Partners</i> Board Director Board Member since 1 Jun 2024 Meetings Attended 3 / 4	 Mars Yuan Huaqiang <i>Director, Mars Capital Management Pte Ltd</i> Board Director Board Member since 10 Sep 2024 Meetings Attended 3 / 3	 Anthony Chiam Hing Yan <i>Director, CXAGility</i> Board Director Board Member since 21 Oct 2025 Meetings Attended 1 / 1	 Kay Pang Ker-Wei <i>Lawyer, Kay Pang Law Practice LLC</i> Board Director Board Member since 28 Mar 2025 Meetings Attended 3 / 3	 Goh Yeng Peng <i>Senior Finance Director, Life Technologies Holdings Pte Ltd</i> Board Director Board Member since 21 Oct 2025 Meetings Attended 1 / 1

Board Advisors

 Chong Huai Seng <i>Businessman</i> Board Advisor Member since 13 Jun 2024	 Karen Tay Cheng Kim <i>Non-Executive Director</i> Board Advisor Member since 25 Jun 2024
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Board Commitees & Terms of Reference

Board Committees serve as an extension of the Board and oversee specific aspects of The Red Pencil (Singapore)'s work. They act as a resource for the management team, and help to ensure that all activities are aligned with The Red Pencil (Singapore)'s vision, mission, strategies and goals.

Fundraising Committee

The Fundraising Committee serves to oversee and guide the fundraising efforts of The Red Pencil (Singapore), ensuring financial sustainability and supporting the charity's mission through strategic planning and donor engagement.

The role of the Fundraising Committee includes: • **fundraising strategy development;** • **donor cultivation and relationship management;** and • **fundraising policy development and compliance.**

Here's our Fundraising Commitee members:

 Sharon Tan Sui Wun <i>Managing Director & Head of SME Banking, DBS Singapore</i> Chairperson (till 30 June 2025) Appointed since 06 Mar 2024	 Mars Yuan Huaqiang <i>Director, Mars Capital Management Pte Ltd</i> Co-Chairperson (from 17 Sep 2025) Appointed since 15 Dec 2024	 Anthony Ang Meng Huat <i>Singapore's Non-Resident Ambassador to the Republic of Tunisia</i> Co-Chairperson (from 17 Sep 2025) Appointed since 17 Sep 2024	 Amelia Shum Hing Yan <i>Founder, SKETCH Design Consultancy</i> Member Appointed since 15 Dec 2024	 Goh Yeng Peng <i>Senior Finance Director, Life Technologies Holdings Pte Ltd</i> Member Appointed since 21 Oct 2025
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Mental Health Committee

The Mental Health Committee was renamed from the Medical Advisory Committee on 17 September 2025 to better reflect its core focus on mental health and to align more closely with The Red Pencil's primary mission. The revised name more accurately represents the committee's specialised expertise and supports stronger collaboration within the mental health community.

The Mental Health Committee serves to provide expert medical guidance and advice to The Red Pencil (Singapore), ensuring the maintenance of high standards in mental health practices and approaches in support of the charity's mission.

The role of the Medical Advisory Committee includes:

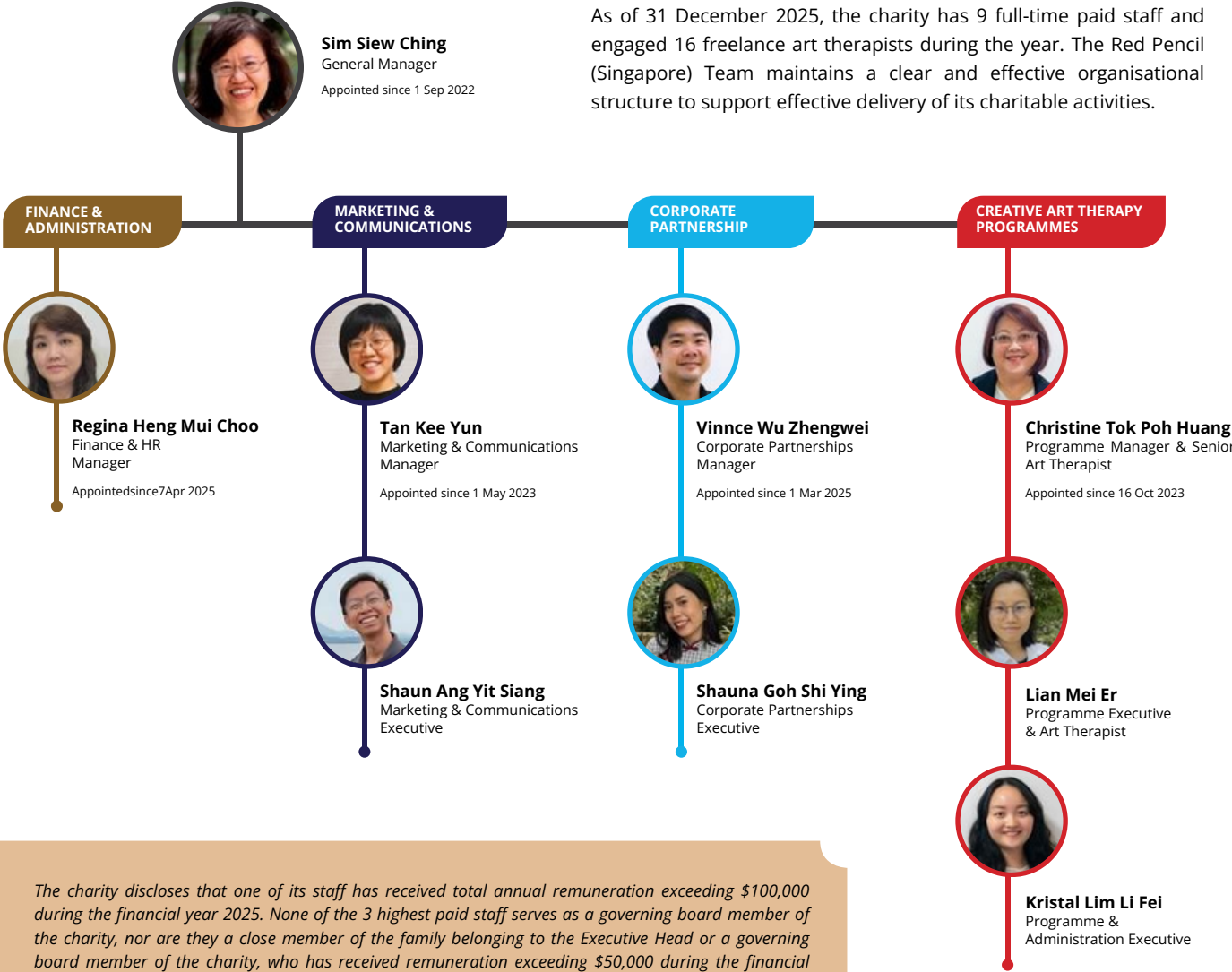
- **mental health guidance and advice;**
- **strategic input on mental health and psychosocial support strategies; and**
- **partnership and collaboration with mental health professionals, academic institutions, healthcare organisations, and other relevant stakeholders.**

Here's our Mental Health Committee member:

 Dr Snehal Arvind Patel <i>Investor, Saena Partners</i> Chairperson Appointed since 11 Jun 2024

Singapore Team

As of 31 December 2025, the charity has 9 full-time paid staff and engaged 16 freelance art therapists during the year. The Red Pencil (Singapore) Team maintains a clear and effective organisational structure to support effective delivery of its charitable activities.



The charity discloses that one of its staff has received total annual remuneration exceeding \$100,000 during the financial year 2025. None of the 3 highest paid staff serves as a governing board member of the charity, nor are they a close member of the family belonging to the Executive Head or a governing board member of the charity, who has received remuneration exceeding \$50,000 during the financial year. Staff salaries are benchmarked with the Social Service Sector.

No staff is involved in setting his or her own remuneration. Starting salaries are structured to meet market conditions, job requirements and individual competencies.

Our Financials

The Red Pencil (Singapore) is committed to the prudent use of its resources, ensuring cost-effectiveness and accountability in all its operations. Its assets are held to support the charity's mission, sustain its programmes and operations, fulfil designated or restricted purposes, and establish reserve funds for financial resilience.

2025 Financial Performance (as at 31st December 2025)

INCOME	2025				2024
	Unrestricted Funds	Restricted Funds			Total
	General Fund (\$)	President's Challenge Fund (\$)	Majority Trust Fund (\$)	Cultural Matching Fund (\$)	Total (\$)
Income from generated funds	603,849	-	-	332,000	935,849
Income from charitable activities	196,744	27,144	38,079	-	261,967
Other income	28,764	-	-	4,063	32,827
Total income	829,357	27,144	38,079	336,063	1,230,643
LESS: EXPENDITURES					
Cost of charitable activities	68,966	4,906	27,384	517,206	618,462
Governance and administrative costs	483,787	-	1,790	26,834	512,411
Total expenditures	552,753	4,906	29,174	544,040	1,130,873
Net income/(loss) before taxation	276,604	22,238	8,905	(207,977)	99,770
Tax expense	-	-	-	-	-
Net income/(loss)	276,604	22,238	8,905	(207,977)	99,770
RECONCILIATION OF FUND					
Total funds brought forward	1,095,387	20,736	-	805,924	1,922,047
Total funds carried forward	1,371,991	42,974	8,905	597,947	2,021,817

Ways To Support Us

Donations to support creative arts therapy programmes in Singapore:

BANK TRANSFER

Name of Bank Account: The Red Pencil (Singapore)
Bank: United Overseas Bank Ltd
Address: 80 Raffles Place, UOB Plaza 1, Singapore 048624

Swift Code/BIC: UOVBSGSG
Account Number: 450-304-041-1

Please inform us of your donation by sending a message to welcome@redpencil.org with your bank transfer reference, name, NRIC/FIN no. (for tax exemption purposes), and contact details

DONATE ONLINE

1. Donate directly through the Red Pencil (Singapore) website (Scan the QR code on the right or visit <https://redpencil.kaching.asia/donate>



OR

2. Donate through Giving.sg, a Singapore-based online platform created by National Volunteer & Philanthropy Centre (NVPC)

[Click here to donate!](#)

If you would like to join us as a volunteer or fundraiser:

CONTACT US

Our Office
82 Redhill Lane #01-69
Singapore 150082



If you would like to help spread the word or follow what we do:

FOLLOW US ON OUR SOCIALS

 **@theredpencilsingapore**

 **www.redpencil.sg**

Gratitude

To our donors, grant-makers, and sponsors

We would like to extend our utmost appreciation to all our donors, grantmakers and sponsors who have supported us over the past year.

- YSM Raindeew Foundation
- The Community Foundation of Singapore
- The Ireland Funds (Singapore)
- Tan Chin Tuan Foundation
- CapitaLand Hope Foundation
- National Arts Council
- President's Challenge
- National Council of Social Service
- Community Chest
- The Majority Trust
- Agency for Integrated Care

To our partners

We would also like to express our heartfelt gratitude to all our partners for the meaningful collaborations that bring life-changing transformations to our beneficiaries.

- Metta Day Rehabilitation Centre for the Elderly
- REACH Community Services
- HCSA SPIN
- Glyph Community
- Singapore Children's Society @ Yishun Family Service Centre
- Singapore Prison Services
- The Salvation Army
- Gracehaven Children's Home
- Allkin Singapore
- Sunbeam Place @ Children's Society
- People's Association – Nee Soon South Constituency Office
- Singhealth Community Hospitals (Sengkang Community Hospital & Outram Community Hospital)
- Ministry of Education
- National Silver Academy
- SAGE Counselling
- RSVP Singapore
- Beyond The Label
- Samaritans of Singapore (SOS)
- Thye Hua Kwan Moral Charities
- Temasek Polytechnic
- CATCH.sg
- Yong Siew Toh Conservatory of Music

The Red Pencil Humanitarian Mission (Monaco)



Published in the Monaco Official Journal 8551 on the 3rd of August 2021, The Red Pencil Humanitarian Mission set up its governance office in Monaco with the following two-fold purpose:

- To establish a Governance Chart for all Red Pencil entities to adhere to and be monitored by an internal Advisory Board of Experts in the humanitarian field covering various aspects such as trauma, mental health, wellbeing, operations, governance of sponsors, impact, monitoring and evaluations, sustainability and
- To organise international meetings of experts around the world to come annually to Monaco and share their experiences on various subjects related to art therapy, trauma, emotions, mental, health, neuroscience and other related topics.

The Red Pencil Humanitarian Mission, based in Monaco, is responsible for the strategy, vision, unity and coherence of The Red Pencil entities.

*The journey starts with **you.***

Put your heart out and get involved with us!

- Donate to support our projects.
- Partner with us to bring art therapy to your organization.
- Are you a credentialed art therapist? Join our network.
- Volunteer and help us make a global impact.
- Spread the word—follow and share us on social media!

Find out more on: www.redpencil.org



When we rescue the child,
we save the adult

Published by:
The Red Pencil Humanitarian Mission

**Scan the QR code
below to view our
corporate video:**



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